



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
----------------------	------------	--------------	----

John Lewis Stock Number	77060706
Name	CHEESE LOVERS PRESERVES
Ingredients	<p>Farmhouse Chutney for Cheese 190g Ingredients: Onions, Brown Sugar, Apricots (17%), Dates (17%), Malt Vinegar (from <u>barley</u>), Apples (8%), Salt, Spices. May contain traces of <u>mustard</u>. Allergens are underlined.</p> <p>Sticky Fig Preserve for Cheese 195g Ingredients: Figs (rehydrated), Red Onions, Brown Sugar, Red Wine Vinegar, Lemon Juice (from concentrate), Spices. May contain <u>mustard</u>. Allergens are underlined.</p> <p>Ploughmans Chutney 180g Ingredients: Diced Onion (45%), Sugar, Spiced Vinegar (Malt Vinegar, Malt Extract, (both from <u>Barley</u>), Spices), Dates (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (Both Apples Contain Preservative: Sodium Metabisulphite (<u>Sulphites</u>), Vegetable Oil: Rapeseed, Salt, Yellow <u>Mustard</u> Flour, Spice. Allergens are underlined.</p> <p>Tomato & Chilli Relish 190g Ingredients: Tomatoes (53%), Onion, Brown Sugar, Malt Vinegar (<u>Barley</u>), Modified Starch, Red Chillies (2%), Curry Powder (Turmeric, Coriander, <u>Mustard</u> Powder, Onion Powder, Ginger, Cumin, Fenugreek, Garlic Powder, Chilli Powder, Fennel, Salt, Black Pepper), Salt, <u>Mustard</u> Powder. Allergens are underlined.</p> <p>Oatcakes 150g Ingredients: <u>Oatmeal</u> (63%), <u>Wheat flour</u> (calcium carbonate, iron, niacin, thiamin), Palm Oil, Rapeseed Oil, Sugar, Salt [E535], Raising Agents (skylark [E450], sodium bicarbonate [E500]), Allergens are underlined.</p>
For allergens, see ingredients underlined	
May contain statements	These products are manufactured in premises that handle wheat, barley, gluten, nuts, celery, egg, milk, mustard, soya, crustacean and sulphur dioxide.

Net Quantity	905g				
Country of Origin	UK				
Storage Instructions	N/A				
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD				
Instructions for use	N/A				
Nutrition Labelling: Typical value	Farmhouse Ch Sticky Fig Pres Ploughman Ch Tom & Chilli Rel Oatcakes				
Energy (kJ/kcal)	706kJ/166kcal 917kJ/216kcal 874kJ/206kcal 472kJ/111kcal 2050kJ/488kcal				
Fat	0g	0.5g	0.9g	0.4g	21.6g
Of which saturated	0g	0g	0g	0g	6g
Carbohydrate	39.2g	51.5g	50g	25.7g	65.8g
Of which sugars	38.7g	50.3g	49g	22.5g	4.6g
Fibre	n/a	n/a	n/a	n/a	5.8g
Protein	1.8g	1.4g	1.3g	1.3g	6.6g
Salt	0.5g	0g	0.43g	1g	1.8g
Alcoholic Strength	N/A				
Suitable for vegetarians	Y				
Suitable for vegans	Y				
Suitable for nut allergy sufferers	N as may contain traces of nuts				
Suitable for gluten allergy sufferers	N				
Suitable to wheat allergy sufferers	N				
Suitable for egg allergy sufferers	Y				
Suitable for dairy allergy sufferers	Y				
Suitable for soya allergy sufferers	Y				
Free from alcohol	Y				
Free from artificial flavours	Y				
Free from artificial colours	Y				