

Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis Stock Number	77060751
Name	FOREST BOX
Ingredients	<p>Red Pepper & Garlic Chutney 280g Red Peppers (25%), Onion, Spiced Malt Vinegar (Malt Vinegar (<u>Barley</u>), Malt Extract (<u>Barley</u>), Spices), Apple (contains Preservative: Sodium <u>Metabisulphite</u>), Brown Sugar, Sultanas (contains Sunflower Oil), Sugar, Water, Thickener: Modified Maize Starch; Garlic Puree (0.6%), Salt, Garlic Powder, Ground Nutmeg, Ground Cloves, Ground Cinnamon, Black Pepper. For Allergens, including cereals containing gluten, see ingredients underlined.</p> <p>Strawberry Jam 340g Ingredients: Sugar, Strawberries, Gelling Agent: Fruit Pectin, Acidity Regulator: Citric Acid. Prepared with 45g of fruit per 100g. Total sugar content 65g per 100g. Made in the UK.</p> <p>Blackcurrant Jam with Sloe Gin 227g Ingredients : Sugar, Blackcurrants (35%), Water, Sloe Gin (3%),Gelling Agent : Pectin, Acidifier : Citric Acid. Prepared with 42g fruit per 100g. Total Sugar content 60g per 100g. Made in the UK.</p> <p>Chutney for Cheese 180g Ingredients: Diced Onion (45%), Sugar, Spirit Vinegar (malt vinegar, malt extract, (both from <u>barley</u>), spices). Dates (contains rice flour),Diced Bramley Apple, Dried Diced Apple (both apples contain preservative: sodium metabisulphate (<u>sulphites</u>), Vegetable Oil: Rapeseed, Salt, Yellow <u>Mustard</u> Flour, Spice. Allergens are underlined. Made in the UK.</p> <p>All Butter Shortbread with Sicilian Lemon 160g Ingredients: Flour (<u>Wheat</u> Flour (Gluten), Calcium, Iron, Niacin, Thiamin), Butter (32%) (<u>Milk</u>, Salt), Sugar, Ground Rice, Whole Lemon Pulp (1.9%) (Lemon, Preservative: Sulphur Dioxide), Lemon Oil (0.7%). Allergens are underlined. Also may contain nuts & soya. Made in Scotland</p> <p>Honey & Oat Cookies 150g Ingredients: <u>Wheat</u> flour (Calcium Carbonate, Iron,</p>

	<p>Niacin, Thiamin), Sugar, Palm Oil, Rapeseed Oil, Salt, Emulsifier: distilled Monoglyceride (E471), Colours: Circumin (E100), Annatto (E160b), <u>Oatflakes</u>, Honey, <u>Egg</u>, Raising Agents: Diphosphates (E450), Sodium Bicarbonate (E500). Allergens are underlined. Made in Scotland</p> <p>Peach Jam with Prosecco 113g Ingredients: Sugar, Peaches, Prosecco (1%), Champagne with Marc de Champagne, Gelling Agent: Fruit Pectin, Lemon Juice (from concentrate), Acidity Regulator: Citric Acid. Prepared with 45g of fruit per 100g. Total sugar content 65g per 100g. Made in the UK</p>
May contain statements	Please note: These products are manufactured in premises that handle wheat, barley, gluten, crustacean, egg, fish, peanuts, nuts, soya, milk, celery, mustard, sulphur dioxide/sulphites.
Net Quantity	1450g
Country of Origin	UK
Storage Instructions	N/A
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD
Instructions for use	N/A
Nutrition Labelling: Typical value	<p>Nutritionals (per 100g)</p> <p>Red Pepper & Garlic Chutney 280g Energy 404kJ/101kcal, Fat 0.5g (saturates 0.1g), Carbohydrates 23g (sugars 20g), Protein 0.9g, Salt 0.07g</p> <p>Strawberry Jam 340g Nutritionals: Energy 1143kj/269kcal, Fat 0g (saturates 0g), Carbohydrates 66.8g (sugars 66.8g), Protein 0.4g, Salt 0g</p> <p>Blackcurrant Jam with Sloe Gin 227g Energy 1151kJ/271kcal, Fat 0g (saturates 0g), Carbohydrates 67.4g (sugars 67.3g), Protein 0g, Salt 0g</p> <p>Chutney for Cheese 180g Energy 874kJ/206kcal, Fat 0.9g (saturates 0.0g). Carbohydrates 50g (sugars 49g), Protein 1.3g, Salt 0.43g</p> <p>All Butter Shortbread with Sicilian Lemon 160g Energy 2209kJ/529kcal, Fat 30.1g (saturates 19.8g), Carbohydrates 59.4g (sugars 17.6g), Protein 4.5g, Salt 0.45g,</p> <p>Honey & Oat Cookies 150g Energy 4891kJ/452kcal, Fat 20.0g (saturates 12.0g), Carbohydrates 59.0g (sugars 35.0g), Protein 5.2g, Salt 0.77g, Fibre 6.2g</p> <p>Peach Jam with Prosecco 113g Nutritionals: Energy 1122kJ/264kcal, Fat 0g (saturates</p>

	0g), Carbohydrates 64.7g (sugars 64.4g), Protein 0.4g, Salt 0.01g
Alcoholic Strength	3%
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	N as may contain traces of nuts
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	Y
Free from alcohol	N
Free from artificial flavours	Y
Free from artificial colours	Y