

## **Ingredients and Allergy Information**

Date of last review: 19/03/2019 Version No.: V2

John Lewis Stock Number	77060750
Name	COAST BOX
Ingredients	Blackcurrant Jam 340g Ingredients: Sugar, Blackcurrants, Gelling Agent: Fruit Pectin, Acidity Regulator: Citric Acid. Prepared with 35g of fruit per 100g. Total sugar content 65g per 100g. Made in the UK. Spicy Tomato Chutney 300g Ingredients: Tomatoes (55%), Onions, Brown Sugar, Malt Vinegar (from Barley), Modified Maize Starch, Chillies (1%), Mustard (water, Mustard (33%), spirit vinegar, sea salt, antioxidant: Sodium Bisulphite E222), Salt, Curry Powder. Allergens are underlined. Made in Scotland. Caramelised Onion Chutney 180g Ingredients: Diced Onion (45%), Sugar, Spiced Vinegar (Malt Vinegar, Malt Extract, (both from Barley), Spices), Dates (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (Both Apples Contain Preservative: Sodium Metabisulphite (Sulphites), Vegetable Oil: Rapeseed, Salt, Yellow Mustard Flour, Spice. Allergens are underlined. Made in the UK. Apricot & Passionfruit Jam with Gin 227g Ingredients: Sugar, Apricots (40%), Gin (3%) (Alc 40% vol), Passion Fruit Concentrate (2%), Gelling Agent: Pectin, Acidity Regulator: Citric Acid. Made in the UK. Rosemary Biscuits 150g Ingredients: Wheat Flour, Water, Margarine (palm and rapeseed oil, salt 2%, emulsifier, colourings, flavourings), Shortening (palm and rapeseed oil), Sugar, Sea Salt, Skylark (raising agent E450, wheat flour, salt), Ammonium, Sodium, Rosemary (1%). Allergens are underlined. Made in Scotland. Chocolate Chip Cookies 150g Ingredients: Wheat flour, vegetable fat (50% rapeseed, 50% palm oil from sustainable sources), sugar, chocolate chips (9% sugar, whole milk powder (milk solids 21.1%), cocoa butter, cocoa mass (cocoa solids 21.1%), soy lecithen E322, flavouring - natural vanilla), golden syrup, eggs, raisnagaents (diphosphates sodium hydrogen carbonate ), salt, vanilla flavour. Allergens are underlined. Made in

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May contain statements	Please note: These products are manufactured in premises that handle wheat, barley, gluten, crustacean, egg, fish, peanuts, nuts, soya, milk, celery, mustard, sulphur dioxide/sulphites.
Net Quantity	1347g
Country of Origin	UK
Storage Instructions	N/A
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD
Instructions for use	N/A
Nutrition Labelling: Typical value	Blackcurrant Jam 340g Nutritionals: Energy 1151kj/271kcal, Fat 0g (saturates 0g), Carbohydrates 67.4g (sugars 67.2g), Protein 0.3g, Salt 0g Spicy Tomato Chutney 300g Energy 472kJ/111kcal, Fat 0.4g (saturates 0g), Carbohydrates 25.7g (sugars 22.5g), Protein 1.3g, Salt 1g Caramelised Onion Chutney 180g Energy 874kJ/206kcal, Fat 0.9g (saturates 0.0g). Carbohydrates 50g (sugars 49g), Protein 1.3g, Salt 0.43g Apricot & Passionfruit Jam with Gin 227g Energy 1050kJ/247kcal, Fat 0.1g (saturates 0g), Carbohydrates 68g (sugars 68g), Protein 0.4g, Salt 0.02g Rosemary Biscuits 150g Energy 2108kJ/502kcal, Fat 24.9g (saturates 19g), Carbohydrates 62g (sugars 20g), Protein 7.8g, Salt 3.6g Chocolate Chip Cookies 150g Energy 2180kJ/519kcal, Fat 24.5g (saturates 11.7g), Carbohydrates 68.3g (sugars 19.2g), Protein 6.7g, Salt 1.0g
Alcoholic Strength	3%
Suitable for vegetarians	Υ
Suitable for vegans	N
Suitable for nut allergy sufferers	N as may contain traces of nuts
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N

Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	Υ
Free from artificial colours	Y