



Ingredients and Allergy Information

Date of last review:	[Publish Date]	Version No.:	
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John Lewis Stock Number	46574362
Name	Activated Charcoal 50 Vegicaps
Ingredients	100% Activated Charcoal Powder (300mg per capsule) Shell Capsule: Hypromellose
For allergens, see ingredients in bold	
May contain statements	
Net Quantity	50 Vegicaps
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from direct sunlight. Refrigeration is not required.
Manufacturer's name and address	KIKI LTD Unit 4, Aylsham Business Estate, Shepherds Close, Aylsham, Norfolk, NR11 6SZ United Kingdom
Instructions for use	Adults and children over 12 years: Take 2 – 4 capsules after meals, 3 times a day with water. To obtain the beneficial effect of reducing excessive flatulence after eating, take at least 1g (4 capsules) at least 30 minutes before and 1g (4 capsules) shortly after the meal. Caution: Activated charcoal is good at trapping chemicals and prevents their absorption, therefore, it is advised to take activated charcoal at least one hour after medications or food supplements you take by mouth. Consult your medical practitioner if you are pregnant, lactating or on prescription medication prior to use.
Nutrition Labelling: Typical value	N/A
Energy (kJ/kcal)	N/A
Fat	N/A
Of which saturated	N/A

Carbohydrate	N/A
Of which sugars	N/A
Fibre	N/A
Protein	N/A
Salt	N/A
Alcoholic Strength	0%
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes