

Ingredients and Allergy Information

Date of last review:

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Version No.:

John Lewis Stock Number	46574345
Name	Organic Spirulina 200 Tablets
Ingredients	100%OrganicSpirulina (Arthrospira platensis) (500mg per tablet)
For allergens, see ingredients in bold	
May contain statements	Allergens: May contain naturally occurring sulphites.
Net Quantity	200 Tablets
Country of Origin	India
Storage Instructions	Store in a cool, dry place away from direct sunlight. Refrigeration is not required.
Manufacturer's name and address	KIKI Ltd Unit 4, Aylsham Business Estate, Shepherds Close, Aylsham, Norfolk, NR11 6SZ United Kingdom
Instructions for use	Adult intake – six to ten (6-10) tablets per day with water or juice.
Nutrition Labelling: Typical value	Per 100g per 3g %RI* per serving
Energy (kJ/kcal)	1595kJ 48kJ 382kcal 11.6kcal
Fat	7.0g 0.2g
Of which saturated	2.62g 0g
Carbohydrate	20.0g 0.6g
Of which sugars	0g 0g
Fibre	5g 0.1g
Protein	66g 2g
Salt	2.2g 0g
Alcoholic Strength	0%
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	Yes

Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes