



## **Ingredients and Allergy Information**

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library
Ingredients	Bars: Hot Pickle, Splotch, Sea Dog, Lordy Lord, Royal Mint <b>see below for individual bar specifications</b>
For allergens, see ingredients in <b>bold</b>	
May contain statements	VEGETARIAN • MAY CONTAIN TRACES OF NUTS & PEANUTS • ORGANICALLY GROWN • FREE FROM: COLOURINGS, GLUTEN, GM & PRESERVATIVES
Net Quantity	450g
Country of Origin	UK
Storage Instructions	Ambient
Manufacturer's name and address	Montezuma's Chocolates, Birdham Business Park, Birdham Road, Chichester PO20 7HD
Instructions for use	n/a
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	see below for individual bar specifications
Fat	
Of which saturated	
Carbohydrate	
Of which sugars	
Fibre	
Protein	
Salt	
Alcoholic Strength	n/a
Suitable for vegetarians	see below for individual bar specifications
Suitable for vegans	see below for individual bar specifications
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes

Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library – Hot Pickle Organic Milk Chocolate with Chilli & Lime 90g
Ingredients	Milk Chocolate 94% ( Organic cocoa butter, Organic cane sugar, Organic <b>milk</b> powder, Organic cocoa paste, Organic vanilla extract), Organic Ground Chilli, & Natural Flavouring: Lime Oil* *Lime oil is GM free and a permitted non-Organic ingredient
For allergens, see ingredients in <b>bold</b>	
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	2446Kj/588kcal
Fat	40g
Of which saturated	24g
Carbohydrate	48g
Of which sugars	47g
Fibre	2g
Protein	8g
Salt	0.3g
Suitable for vegetarians	Yes
Suitable for vegans	No

John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library – Splotch Organic Milk 54% Cocoa with Butterscotch 90g
Ingredients	Organic Milk Chocolate 94% (Organic Cane Sugar, Organic Cocoa Mass, Organic Cocoa Butter, Dried <b>Milk</b> , Organic Vanilla Paste) & Organic Butterscotch 6% (Organic Sugar, Organic Wheat Syrup*, Organic Butter, Organic <b>Cream</b> & Sea Salt**) **Permitted non-Organic ingredient
For allergens, see ingredients in <b>bold</b>	
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	2422Kj/583kcal
Fat	40g
Of which saturated	24g
Carbohydrate	45g
Of which sugars	42g
Fibre	4g
Protein	8g
Salt	0.3g
Suitable for vegetarians	Yes
Suitable for vegans	No

John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library – Sea Dog Dark Chocolate with Lime & Sea Salt 90g
Ingredients	Ingredients: Dark Chocolate 99% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: <b>Soya</b> Lecithin & Vanilla Extract), Sea Salt 0.2% & Natural Flavouring: Lime Oil.
For allergens, see ingredients in <b>bold</b>	
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	2397Kj/577kcal
Fat	42g
Of which saturated	22g
Carbohydrate	36g
Of which sugars	29g
Fibre	9g
Protein	9g
Salt	0.5g
Suitable for vegetarians	Yes
Suitable for vegans	Yes

John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library – Lordy Lord Dark Chocolate with Cocoa Nibs 90g
Ingredients	Ingredients: Dark Chocolate 93% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: <b>Soya</b> Lecithin & Vanilla Extract), Cocoa Nibs 7%
For allergens, see ingredients in <b>bold</b>	
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	2409Kj/580kcal
Fat	43g
Of which saturated	26g
Carbohydrate	34g
Of which sugars	27g
Fibre	10g
Protein	9g
Salt	0.2g
Suitable for vegetarians	Yes
Suitable for vegans	Yes

John Lewis Stock Number	<b>77015710</b>
Name	90g Bar Library – Royal Mint, 74% Cocoa with Peppermint Oil
Ingredients	Dark Chocolate contains Cocoa Solids 74% min. Organic Dark Chocolate (Organic Cocoa Mass, Organic Cane Sugar, Organic Cocoa Butter, Organic Vanilla Extract) & Natural Flavouring: Organic Mint Oil
For allergens, see ingredients in <b>bold</b>	
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	2436Kj/588kcal
Fat	44g
Of which saturated	26g
Carbohydrate	33g
Of which sugars	25g
Fibre	10g
Protein	10g
Salt	0.3g
Suitable for vegetarians	Yes
Suitable for vegans	Yes