Ingredients and Allergy Information

Date of last review:	[Publish Date]	Version No.:	V2

John Lewis Stock Number	46571116
Name	Wild Nutrition The Morning Edit
Ingredients	Energy Support: Lithothamnium calcareum (Red algae) powder (providing Calcium), Purified Seawater (providing Magnesium), Hydroxypropyl methylcellulose (vegetable capsule shell), Nutrient-enhanced Citrus pulp (providing Vitamin C and Bioflavonoids), Nutrient-enhanced Lactobacillus bulgaricus blend (providing Zinc and Pantothenic acid), Alpha Lipoic Acid, Nutrient enhanced Yeast blend (providing Niacin [as Nicotinamide], Vitamin B6, Iron, Inositol, Choline, Manganese, Riboflavin, Folic acid [as naturally occurring Folate], Iodine, Thiamin, Biotin, Vitamin B12), Fermented L-Methionine, Heat-treated Brown Rice powder. Magnesium: Nutrient-enhanced Lactobacillus Bulgaricus (providing Magnesium), heat-treated Brown Rice powder and Hydroxypropyl methylcellulose (capsule shell).
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	Energy support: 60 capsules Magnesium: 60 capsules
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight. Keep out of sight and reach of children. Do not use if the seal is broken. For best before end date & batch number please see base.
Manufacturer's name and address	Made with care in the UK for Wild Nutrition Ltd using UK / non-UK ingredients The Old Brewery, Thomas Street, Lewes BN7 2FQ.

	Distributed by Inka Distribution. 5 Avenue Roger Roquefort. 66320 Marquixanes. France.
Instructions for use	Energy Support: 2 capsules per day, taken in the morning with or without food. Do not exceed the recommended in take. Magnesium: 2 capsules per day, with or without food. Can be taken before bedtime. Do not exceed the recommended intake.
Nutrition Labelling: Typical value	N/A
Energy (kJ/kcal)	
Fat	
Of which saturated	
Carbohydrate	
Of which sugars	
Fibre	
Protein	
Salt	
Alcoholic Strength	
Suitable for vegetarians	YES
Suitable for vegans	NO
Suitable for nut allergy sufferers	YES
Suitable for gluten allergy sufferers	YES
Suitable to wheat allergy sufferers	YES
Suitable for egg allergy sufferers	YES
Suitable for dairy allergy sufferers	YES
Suitable for soya allergy sufferers	YES
Free from alcohol	YES
Free from artificial flavours	YES
Free from artificial colours	YES