John Lewis Stock Number	**54642716**
Name	**High Tea Hamper**
Contents	Waitrose San Leo Prosecco DOC 75cl Heartsease Farm Sparkling Wild Elderflower Presse 75cl Bramble Foods Rich Mixed Fruit Cake Claire's Handmade Strawberry & Elderflower Jam 227g Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g San Nicasio De La Vera Smoked Paprika Potato Chips with Extra Virgin Olive Oil and Himalayan Pink Salt 150g SHOE Truly Handmade Shortbread Macadamia Nut Shortbread 125g Edinburgh Tea & Coffee Co. Medium Roast Ground Coffee 113g Pea Green Boat Cheese Sables Fennel & Chilli 80g Macarons de Pauline Fraise - Pistache - Citron x 6 72g Joe & Seph's Eton Mess Gourmet Popcorn 70g New English Teas Afternoon Tea 10 Tea Bags 20g
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: **Virginia Hayward Ltd**
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	N
Free from artificial colours	N

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.
If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.
If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.

Ingredients and Allergy Information

Date of last review:	24/07/2026	Version No.:	Entry 356585 / 2026-07-24 12:00:40

John Lewis Stock Number	999.1020005
Name	Bramble Foods Rich Mixed Fruit Cake
Ingredients	Sultanas (18%), Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), **EGG**, Rapeseed Oil, Water, Glace Cherries (6.5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Colour: Anthocyanin, Preservative: **SULPHUR DIOXIDE**), Humectant: Vegetable Glycerine, **ALMONDS (NUTS)** (3%), Modified Starches (Potato, Maize), **WHEAT** Starch, Mixed Spices, Raising Agents: Disodium Diphosphate, Potassium Bicarbonate, Sodium Bicarbonate, Preservative: Potassium Sorbate, Emulsifiers: Mono- and Diglycerides of Fatty Acids, Propan-1, 2-Diol Esters of Fatty Acids, Sodium Stearoyl-2-Lactylate; Dextrose, Dried Whole **EGG**, **WHEAT GLUTEN**, Stabiliser: Xanthan Gum.
For allergens, see ingredients in bold or CAPS	
May contain statements	Milk, Soybeans
Country of Origin	United Kingdom
Storage Instructions	store in cool dry place out of direct sunlight
Manufacturer's Name and Address	MHT Foods Ltd, Crosby Road,, Market Harborough,, Leics, United Kingdom, LE16 9EE
Instructions for use	consume

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1497 / 370
Fat	16
Of which saturated	1.6
Carbohydrate	52
Of which sugars	37
Fibre	
Protein	4.1
Salt	0.07

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	No

Ingredients and Allergy Information

Date of last review:	19/11/2025	Version No.:	Entry 18547 / 19/11/2025 10:45

John Lewis Stock Number	999.00369
Name	Claire's Handmade Strawberry & Elderflower Jam EST 227g
Ingredients	Sugar, strawberries, elderflower cordial (spring water, elderflowers, citric acid) 1.5%, gelling agent: fruit pectin, acidity regulator: citric acid. Prepared with 47g fruit per 100g. Total sugar content 63g per 100g.
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, away from sunlight. Once opened, refrigerate and use within 4 weeks.
Manufacturer's Name and Address	Claires Handmade Ltd, Unit 1B-, 1C George Moore Industrial Estate, Wigton, Cumbria, United Kingdom, CA7 1BA
Instructions for use	Ready to eat as desired.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1136 / 267
Fat	0
Of which saturated	0
Carbohydrate	66.3
Of which sugars	66.2
Fibre	0.8
Protein	0.2
Salt	0.01

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	13/11/2025	Version No.:	Entry 18410 / 13/11/2025 10:40

John Lewis Stock Number	999.1012763
Name	Edinburgh Tea & Coffee Company Medium Roast Ground Coffee in Kraft Bag with Orange Label EST 113g
Ingredients	Ground Coffee
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool dry place
Manufacturer's Name and Address	Edinburgh Tea & Coffee Company Ltd, 15G 214 Sir Harry Lauder Road, Edinburgh, Midlothian, United Kingdom, EH15 2QA
Instructions for use	Percolator or filter coffee machines

Nutrition Labelling: Typical value	
Energy (kj/kcal)	0 / 0
Fat	0
Of which saturated	0
Carbohydrate	0
Of which sugars	0
Fibre	0
Protein	0
Salt	0

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	14/10/2024	Version No.:	Entry 14728 / 14/10/2024 14:22

John Lewis Stock Number	999.1018965
Name	Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g
Ingredients	Rolled **OATS** (42%), Vegetable Oils (Sustainable Palm, Rapeseed), Sugar, **MILK** Chocolate (15%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier: **SOYA** Lecithin; Natural Vanilla Flavouring).
For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat, Eggs, Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place, away from direct sunlight. Once opened, store in an airtight container and consume within 2 weeks.
Manufacturer's Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, UK, BB99PX
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2252 / 539
Fat	32.8
Of which saturated	10.9
Carbohydrate	50.2
Of which sugars	24.6
Fibre	
Protein	6.6
Salt	0.7

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	22/05/2025	Version No.:	Entry 16784 / 22/05/2025 09:17

John Lewis Stock Number	999.1018966
Name	San Nicasio De La Vera Smoked Paprika Potato Chips with Extra Virgin Olive Oil and Himalayan Pink Salt 150g
Ingredients	Potatoes, extra virgin olive oil (40%), paprika (1%) and salt (0,8%).
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Spain
Storage Instructions	Store in a cool, dry place
Manufacturer's Name and Address	PATATAS FRITAS SAN NICASIO, SL, CTRA. A-339,, KM.19, CARCACUEY, Cordoba, ESPAÑA, 14810
Instructions for use	Ready to eat as a tasty snack

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2377 / 571
Fat	40
Of which saturated	5.5
Carbohydrate	45
Of which sugars	0
Fibre	0
Protein	6.8
Salt	0.83

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	23/07/2026	Version No.:	Entry 356419 / 2026-07-23 13:39:11

John Lewis Stock Number	999.1016862
Name	Joe & Seph's Eton Mess Gourmet Popcorn - Pink & White Label 70g
Ingredients	Corn, Butter (**MILK**), Sugar, White Chocolate (14%) [Sugar(46.5%), Cocoa Butter (29.5%), Whole **MILK** Powder (23.5%), **SOYA** Lecithin, Natural Vanilla], Double Cream (**MILK**), Corn Syrup, Wild Strawberry Natural Flavour (Strawberry Natural Flavour, Inverted Syrup), Dried Strawberry (2%).
For allergens, see ingredients in bold or CAPS	
May contain statements	Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry, dark place.
Manufacturer's Name and Address	Joes Gourmet Foods Limited, 3 Willen Field Road, LONDON, London, United Kingdom, NW10 7BQ
Instructions for use	Once open consume within 5 days.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2102 / 505
Fat	33
Of which saturated	20
Carbohydrate	51
Of which sugars	28
Fibre	3.5
Protein	4.1
Salt	0.51

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	02/07/2026	Version No.:	Entry 355754 / 2026-07-02 10:45:46

John Lewis Stock Number	999.1016612
Name	New English Teas Afternoon Tea 10 Tea Bags (Rose Carton) 20g
Ingredients	100% Black Tea
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	India
Storage Instructions	Ambient
Manufacturer's Name and Address	Saraf Trading Corp.PVT.LTD, Saraf House,, Marar Road, Willingdon Island, Kochi, Kerala, India, 682003
Instructions for use	Steep in boiling water for 3-4 minutes and add milk and sugar to taste

Nutrition Labelling: Typical value	
Energy (kj/kcal)	0 / 0
Fat	-1
Of which saturated	0
Carbohydrate	0
Of which sugars	-2
Fibre	0
Protein	-1
Salt	0

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	13/11/2025	Version No.:	Entry 18427 / 13/11/2025 13:35

John Lewis Stock Number	999.101898
Name	Heartsease Farm Sparkling Wild Elderflower Presse 75cl
Ingredients	Carbonated spring water, Sugar, Lemon juice from concentrate, Elderflower extracts, Natural Elderflower Flavouring.
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient storage, Store out of direct sunlight.
Manufacturer's Name and Address	Radnor Hills Mineral Water Company LTD, Heartsease, Knighton, Powys, United Kingdom, LD71LU
Instructions for use	Once opened, keep refrigerated and consume within 3 days.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	133 / 30
Fat	0.5
Of which saturated	0.1
Carbohydrate	7.8
Of which sugars	6.8
Fibre	0
Protein	0.5
Salt	0.01

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	No
Free from artificial flavours	No
Free from artificial colours	No

Ingredients and Allergy Information

Date of last review:	10/07/2026	Version No.:	Entry 356037 / 2026-07-10 16:04:53

John Lewis Stock Number	999.1014490
Name	Pea Green Boat Cheese Sables Fennel & Chilli 80g
Ingredients	Flour (**WHEAT** Flour (**GLUTEN**), Calcium, Iron, Niacin, Folic Acid, Thiamin), Mature Cheddar Cheese (32%) (**MILK**), Italian Parmigiano Reggiano Cheese (16%) (**MILK**, Salt, Rennet), Butter (**MILK**, Salt), Fennel Seeds (2.6%), Sea Salt, Chilli Powder (0.2%), Garlic Powder.
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from sunlight. Once opened, store in an airtight container and consume within 3 days.
Manufacturer's Name and Address	Shortbread House of Edinburgh, 25 Tennant Street, Edinburgh, City of Edinburgh, United Kingdom, EH5 6NA
Instructions for use	n/a

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2350 / 565
Fat	38.1
Of which saturated	25.9
Carbohydrate	31.3
Of which sugars	0.8
Fibre	3.5
Protein	20.1
Salt	0.5

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	29/06/2026	Version No.:	Entry 355525 / 2026-06-29 12:17:38

John Lewis Stock Number	999.1020094
Name	SHOE Truly Handmade Shortbread Macadamia Nut Shortbread 125g
Ingredients	Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Folic Acid, Thiamin), Butter (28%) (**MILK**, Salt), **MACADAMIA NUTS (NUTS)** (15%), Sugar, Ground Rice. For allergens, including cereals containing **GLUTEN**, see ingredients in bold. Also may contain**NUTS** and **SOYA**. Suitable for vegetarians.
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Manufacturer's Name and Address	Shortbread House of Edinburgh, 25 Tennant Street, Edinburgh, City of Edinburgh, United Kingdom, EH6 5NA
Instructions for use	Once opened, store in an airtight container and consume within 7 days.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2387 / 573
Fat	37.8
Of which saturated	18.8
Carbohydrate	50.2
Of which sugars	16.7
Fibre	3.5
Protein	6.4
Salt	0.49

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	14/11/2025	Version No.:	Entry 18446 / 14/11/2025 12:29

John Lewis Stock Number	999.1009634
Name	Macarons de Pauline Fraise - Pistache - Citron x 6 72g
Ingredients	Sugar, **ALMONDS (NUTS)** 22 %, **EGG** white, vegetable oils (palm, sunflower), water, glucose syrup, stabilisers (glycerol E422, sorbitols E420), starch, **PISTACHIO NUTS (NUTS)** 0,5%, concentrated strawberry juice 0,3%, concentrated lemon juice 0,2%, natural flavourings, emulsifiers (mono- and diglycerides of fatty acids E471, polyglycerol esters of fatty acids E475, lecithins E322), **HAZELNUTS (NUTS)**, preservative (sorbic acid E200), colors (carotenes E160a, carmine E120, copper complexes of chlorophylls and chlorophyllins E141), acid (citric acid E330).
For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat, Milk, Peanuts
Country of Origin	Belgium
Storage Instructions	Store in a dry place and keep away from heat
Manufacturer's Name and Address	Poppies Bakeries NV, Kasteelstraat 29, B-8980 Zonnebeke, B-8980 Zonnebeke, Belgium, B-8980
Instructions for use	Eat

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1940 / 463
Fat	22
Of which saturated	4.9
Carbohydrate	59
Of which sugars	52
Fibre	2.6
Protein	7.3
Salt	0.08

SUITABLE / FREE FROM	
Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for nut allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes

Ingredients and Allergy Information

Date of last review:	17/11/2025	Version No.:	Entry 18502 / 17/11/2025 16:54

John Lewis Stock Number	999.1017444
Name	Waitrose San Leo Prosecco DOC 75cl
Ingredients	Grapes, tirage liqueur, concentrated grape must, acidity regulators: tartaric acid, malic acid, stabilising agents: carboxymethylcellulose, preservatives: **SULPHITES**.
For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place, away from heat sources and protected from direct light.
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., Via Borgolecco, 9, Gambellara, Vicenza, Italia, 36053
Instructions for use	NA

Nutrition Labelling: Typical value	
Energy (kj/kcal)	289 / 69
Fat	0
Of which saturated	0
Carbohydrate	1.9
Of which sugars	1.35
Fibre	0
Protein	0
Salt	0

SUITABLE / FREE FROM	
Alcoholic Strength	10.5
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for nut allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes