



Ingredients and Allergy Information

Date of last review:

19/03/2019

Version No.:

V2

John Lewis PLC Stock Number	78432404
Name	Gourmet Marshmallow Advent
Ingredients	Black Forest Marshmallow Bar 26 (SOYBEANS, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Milk Chocolate Chips (8%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Whey Powder (MILK), Skimmed MILK Powder, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Salt, Natural Orange Flavouring (0.4%), Orange Colouring (Humectant: Glycerol (E422), Water, Colours: E102, E129, Modified Starch (Tapioca)). Choc Orange Marshmallow 26 (MILK, SOYBEANS, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Milk Chocolate Chips (8%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Whey Powder (MILK), Skimmed MILK Powder, Emulsifier: Lecithins (SOYA), Natural Vanilla Flavouring), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Salt, Natural Orange Flavouring (0.4%), Orange Colouring (Humectant: Glycerol (E422), Water, Colours: E102, E129, Modified Starch (Tapioca)). Cinnamon Churro Marshmallow 26 (SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Cinnamon Powder (1%), Salt, Natural Glazed Donut Flavouring (0.2%), Natural Cinnamon Churros Flavouring (0.1%). Coconut Marshmallow 26 (SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Coconut (15%), Preservative: Sodium Metabisulphite (SULPHITES), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Salt, Natural Coconut Flavouring (0.4%). Cookies & Cream Marshmallow 26 (CEREALS CONTAINING GLUTEN, MILK, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Cookie Crumb (15%) (WHEAT Flour, Sugar, BUTTER (MILK), Cocoa Powder, Margarine (Vegetable Oils and Fats (Palm, Sunflower)), Glucose Syrup, Colour: Vegetable Carbon (E153), Salt, Raising Agent: Ammonium Bicarbonate (E503ii)), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Salt, Natural Vanilla Flavouring, Natural Cookies & Cream Flavouring (0.06%), Natural Chocolate Flavouring. Gingerbread Marshmallow 26 (CEREALS CONTAINING GLUTEN, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Ginger Biscuit Crumb (14%) (WHEAT Flour (Calcium Carbonate, Iron, Nicotinamide, Thiamin), Sugar, Glucose-Fructose Syrup, Palm Oil, WHEAT Semolina, Ground Ginger, Raising Agents: Sodium Bicarbonate, Diphosphates, Salt, Lemon Oil), Water, Ginger Powder (3%), Vegetable Glycerine, Bovine Gelatine (SULPHITES), Cinnamon Powder (1%), Salt, Natural Gingerbread Flavouring (0.3%). Honeycomb & Choc Marshmallow 26 (MILK, SOYBEANS, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Milk Chocolate Shavings (8%) (Sugar, Whole MILK Powder, Cocoa Butter, Skimmed MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin (E322), Natural Vanilla Flavouring), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Salt, Orange Colouring (Humectant: Glycerol (E422), Water, Colours: E102, E129, Modified Starch (Tapioca)), Natural Honeycomb Flavouring (0.2%), Natural Chocolate Flavouring (0.1%). Mint Humbug Marshmallow 26 (SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Natural Peppermint Flavouring (0.8%), Salt, Natural Caramel Flavouring (0.4%), Black Food Colouring (Humectant: Glycerol (E422), Colours: E122, E102, E133, Water, Modified Starch (Tapioca)). S'mores Marshmallow 26 (CEREALS CONTAINING GLUTEN, MILK, SOYBEANS, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Biscoff Crumb (14%) (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent: Sodium Hydrogen Carbonate, Salt, Cinnamon), Milk Chocolate Chunks (7%) (Sugar, Cocoa Butter, Cocoa Mass, Whole MILK Powder, Whey Powder (MILK), Emulsifier: Lecithins (SOYA)), Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Salt, Natural Vanilla Flavouring. *Palm oil from sustainable and certified plantations. Salted Caramel Marshmallow 26 (MILK, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Caramel Pieces (2%) (Sugar, Glucose Syrup, Sweetened Condensed MILK, BUTTER (MILK), Salt, Emulsifier: Sunflower Lecithin), Corn Flour, Icing Sugar, Salt, Natural Caramel Flavouring (0.3%). Sugar Plum Marshmallow 26 (SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Salt, Natural Plum Flavouring (0.4%), Purple Colouring (Humectant: Glycerol (E422), Water, Colours: E133, E122, Modified Starch (Tapioca)). Xmas Pudding Marshmallow 26 (SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Water, Vegetable Glycerine, Bovine Gelatine (SULPHITES), Corn Flour, Icing Sugar, Cinnamon, Natural Xmas Pudding Flavouring (0.8%), Nutmeg, Allspice, Cloves, Ginger, Salt, Natural Vanilla Flavouring, Natural Orange Flavouring. Yule Log Marshmallow 26 (MILK, SOYBEANS, SULPHUR DIOXIDE / SULPHITES): Ingredients: Sugar, Glucose Syrup, Dark Chocolate Shavings (18%) (Sugar, Cocoa Mass, MILK Fat, Cocoa Butter, Emulsifier: SOYA Lecithin (E322), Natural Vanilla Flavouring), Water, Cocoa Powder (3%), Vegetable Glycerine, Bovine Gelatine (SULPHITES), Icing Sugar, Corn Flour, Natural Chocolate Flavouring (0.6%), Salt, Natural Vanilla Flavouring. For allergens, see ingredients in capitals.
May contain statements	May contain gluten cereals, May contain eggs, May contain milk, May contain tree nuts, May contain peanuts, May contain soybeans
Net Quantity	N/A



Manufacturer's name and address	The Marshmallow Factory Limited t/a The Naked Marshmallow Co. Unit J1 Parkes Way North Hykeham Lincoln LN6 9WG
Instructions for use	
Nutrition Labelling: Typical value	100g
Energy	323 kCal
Fat	2.30g
Of which saturated	1.70g
Carbohydrate	73.80g
Of which sugars	56.00g
Fibre	0.00g
Protein	2.60g
Salt	0.06g
Nutrition Labelling: Typical value	100g (Black Forest Marshmallow Bar 26)
Energy	366 kCal
Fat	6.50g
Of which saturated	4.00g
Carbohydrate	72.00g
Of which sugars	39.00g
Fibre	g
Protein	2.80g
Salt	0.02g
Nutrition Labelling: Typical value	100g (Choc Orange Marshmallow 26)
Energy	330 kCal
Fat	2.00g
Of which saturated	1.20g
Carbohydrate	75.00g
Of which sugars	46.00g
Fibre	g
Protein	2.70g
Salt	0.02g
Nutrition Labelling: Typical value	100g (Cinnamon Churro Marshmallow 26)
Energy	299 kCal
Fat	0.00g
Of which saturated	0.00g
Carbohydrate	74.00g
Of which sugars	21.00g
Fibre	g
Protein	2.30g
Salt	0.08g
Nutrition Labelling: Typical value	100g (Coconut Marshmallow 26)
Energy	378 kCal
Fat	9.50g
Of which saturated	8.20g
Carbohydrate	67.00g
Of which sugars	41.00g
Fibre	g
Protein	2.80g
Salt	0.02g
Nutrition Labelling: Typical value	100g (Cookies & Cream Marshmallow 26)
Energy	335 kCal
Fat	3.00g
Of which saturated	1.70g
Carbohydrate	76.00g
Of which sugars	70.00g
Fibre	g
Protein	2.90g
Salt	0.10g
Nutrition Labelling: Typical value	100g (Gingerbread Marshmallow 26)
Energy	326 kCal
Fat	1.90g
Of which saturated	0.90g
Carbohydrate	75.00g
Of which sugars	64.00g



Fibre	g
Protein	2.80g
Salt	0.07g
Nutrition Labelling: Typical value	100g (Honeycomb & Choc Marshmallow 26)
Energy	332 kCal
Fat	2.40g
Of which saturated	1.50g
Carbohydrate	75.00g
Of which sugars	46.00g
Fibre	g
Protein	2.80g
Salt	0.04g
Nutrition Labelling: Typical value	100g (Mint Humbug Marshmallow 26)
Energy	313 kCal
Fat	0.00g
Of which saturated	0.00g
Carbohydrate	76.00g
Of which sugars	45.00g
Fibre	g
Protein	2.20g
Salt	0.02g
Nutrition Labelling: Typical value	100g (S'mores Marshmallow 26)
Energy	312 kCal
Fat	2.60g
Of which saturated	1.40g
Carbohydrate	70.00g
Of which sugars	43.00g
Fibre	g
Protein	2.40g
Salt	0.02g
Nutrition Labelling: Typical value	100g (Salted Caramel Marshmallow 26)
Energy	309 kCal
Fat	0.00g
Of which saturated	0.00g
Carbohydrate	76.00g
Of which sugars	73.00g
Fibre	g
Protein	2.20g
Salt	0.11g
Nutrition Labelling: Typical value	100g (Sugar Plum Marshmallow 26)
Energy	329 kCal
Fat	0.00g
Of which saturated	0.00g
Carbohydrate	80.00g
Of which sugars	49.00g
Fibre	g
Protein	2.30g
Salt	0.02g
Nutrition Labelling: Typical value	100g (Xmas Pudding Marshmallow 26)
Energy	290 kCal
Fat	0.00g
Of which saturated	0.00g
Carbohydrate	73.00g
Of which sugars	69.00g
Fibre	g
Protein	2.20g
Salt	0.08g
Nutrition Labelling: Typical value	100g (Yule Log Marshmallow 26)
Energy	345 kCal
Fat	5.60g
Of which saturated	3.50g
Carbohydrate	69.00g
Of which sugars	35.00g



Fibre	g
Protein	3.40g
Salt	0.08g
Alcoholic Strength	-
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes