



Ingredients and Allergy Information

Date of last review:	09/03/2026	Version No.:	V2
----------------------	------------	--------------	----

John Lewis Stock Number	77069109
Name	Lina Orecchiette 500g
Ingredients	Durum wheat semolina, water.
For allergens, see ingredients in bold	
May contain statements	
Net Quantity	500g
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place.
Manufacturer's name and address	Lina Stores, 18 Brewer Street, London, W1F 0SH
Instructions for use	Bring a pan of generously salted water to the boil. Once boiling, reduce to a medium simmer. Add spaghetti and cook for 10 minutes until al dente. Remove using a colander. Add the pasta to the pan with your chosen sauce. Carefully combine and add some pasta water if needed. Plate up and finish with freshly grated Parmigiano Reggiano.
Nutrition Labelling: Typical value	
Energy (kJ/kcal)	1496kJ / 353kcal
Fat	1.5g
Of which saturated	0.3g
Carbohydrate	70g
Of which sugars	2.5g
Fibre	3g
Protein	14g
Salt	0.002g
Alcoholic Strength	Non-Alcoholic

Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Y
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y