



## Ingredients and Allergy Information

Date of last review:	09/03/2026	Version No.:	V2
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John Lewis Stock Number	77069106
Name	Lina Linguine 500g
Ingredients	Durum <b>wheat</b> semolina, water.
For allergens, see ingredients in <b>bold</b>	
May contain statements	
Net Quantity	500g
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place.
Manufacturer's name and address	Lina Stores, 18 Brewer Street, London, W1F 0SH
Instructions for use	Bring a pan of generously salted water to the boil. Once boiling, reduce to a medium simmer. Add spaghetti and cook for 10 minutes until al dente. Remove using a colander. Add the pasta to the pan with your chosen sauce. Carefully combine and add some pasta water if needed. Plate up and finish with freshly grated Parmigiano Reggiano.
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	1496kJ / 353kcal
Fat	1.5g
Of which saturated	0.3g
Carbohydrate	70g
Of which sugars	2.5g
Fibre	3g
Protein	14g
Salt	0.002g
Alcoholic Strength	Non-Alcoholic

Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Y
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y