

John Lewis Stock Number	54642805
Name	<b>High Tea Hamper</b>
Contents	Claire's Handmade Strawberry & Elderflower Jam 227g Edinburgh Tea & Coffee Company Medium Roast Ground Coffee 113g Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g Joe & Seph's Pistachio Cream Gourmet Popcorn 70g Market Town Bakery Mixed Fruit Loaf Cake 370g Cartwright & Butler English Afternoon Blend - 10 Finest Tea Bags 30g Heartsease Farm Sparkling Wild Elderflower Presse 75cl SHOE Truly Handmade Shortbread Spanish Clementine 125g Inessence Himalayan Salt Potato Crisps 125g Macarons de Pauline Fraise - Pistache - Citron x 6 -72g Whittard Passionfruit, Mango & Peach Cold Brew 12 Teabags 30g Waitrose San Leo Prosecco DOC 75cl
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: <b>Virginia Hayward Ltd</b>
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	N
Free from artificial colours	N

Refer to following sheets for individual product information.

**All information has been provided by the product manufacturers/suppliers and is correct at time of publication.**

**If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.**

**If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.**



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Claire's Handmade Strawberry & Elderflower Jam 227g
Ingredients	Sugar, strawberries, elderflower cordial (spring water, elderflowers, citric acid) 1.5%, gelling agent: fruit pectin, acidity regulator: citric acid. Prepared with 47g fruit per 100g. Total sugar content 63g per 100g.

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, away from sunlight.
Manufacturer's Name and Address	Claire's Handmade, Unit 1B- 1C George Moore Industrial Estate, Wigton, Cumbria, UK, CA7 1BA
Instructions for use	Once opened, refrigerate and use within 4 weeks.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1136 / 267
Fat	0
Of which saturated	0
Carbohydrate	66.3
Of which sugars	66.2
Fibre	0.8
Protein	0.2
Salt	0.01

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Edinburgh Tea & Coffee Company Medium Roast Ground Coffee 113g
Ingredients	Ground Coffee

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool dry place
Manufacturer's Name and Address	Edinburgh Tea & Coffee Company Ltd, 15G 214 Sir Harry Lauder Road, , Edinburgh, Midlothian, United Kingdom, EH15 2QA
Instructions for use	Percolator or filter coffee machines

Nutrition Labelling: Typical value

Energy (kj/kcal)	0 / 0
Fat	0
Of which saturated	0
Carbohydrate	0
Of which sugars	0
Fibre	0
Protein	0
Salt	0

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g
Ingredients	Rolled <b>OATS</b> (42%), Vegetable Oils (Sustainable Palm, Rapeseed), Sugar, <b>MILK</b> Chocolate (15%) (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier: <b>SOYA</b> Lecithin; Natural Vanilla Flavouring).

For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place, away from direct sunlight. Once opened, store in an airtight container and consume within 2 weeks.
Manufacturer's Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, UK, BB99PX
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2252 / 539
Fat	32.8
Of which saturated	10.9
Carbohydrate	50.2
Of which sugars	24.6
Fibre	0
Protein	6.6
Salt	0.7

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Joe & Seph's Pistachio Cream Gourmet Popcorn 70g
Ingredients	Corn, Sugar, <b>PISTACHIO (NUTS)</b> (19%) {Roasted <b>PISTACHIO (NUTS)s (NUTs)</b> , Salt}, Butter ( <b>MILK</b> ), Glucose Syrup, Whipping Cream (7%) ( <b>MILK</b> ), Salt.

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry, dark place. Once open consume within 5 days.
Manufacturer's Name and Address	Joe's Gourmet Foods Ltd., 3 Willen Field Rd, , London, Greater London, United Kingdom, NW10 7BQ
Instructions for use	Careful! May contain unpopped kernels.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1899/ 456
Fat	24.1
Of which saturated	10.4
Carbohydrate	56.5
Of which sugars	29
Fibre	5.1
Protein	6.8
Salt	1.64

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Market Town Bakery Mixed Fruit Loaf Cake 370g
Ingredients	Sultanas (18%), Sugar, <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamin), EGG, Rapeseed Oil, Water, Glace Cherries (6.5%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Colour: Anthocyanin, Preservative: <b>SULPHUR DIOXIDE</b> ), Humectant: Vegetable Glycerine, <b>ALMOND (NUTS)</b> (3%), Modified Starches (Potato, Maize), WHEAT Starch, Mixed Spices, Raising Agents: Disodium Diphosphate, Potassium Bicarbonate, Sodium Bicarbonate, Preservative: Potassium Sorbate, Emulsifiers: Mono- and Diglycerides of Fatty Acids, Propan-1, 2-Diol Esters of Fatty Acids, Sodium Stearoyl-2-Lactylate; Dextrose, Dried Whole <b>EGG</b> , <b>WHEAT GLUTEN</b> , Stabiliser: Xanthan Gum.

For allergens, see ingredients in bold or CAPS	
May contain statements	Milk Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place out of direct sunlight. Once opened store in an airtight container and consume within 7 days.
Manufacturer's Name and Address	MHT Foods, Crosby Road, , Market Harborough, Leicestershire, UK, LE16 9EE
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1619 / 400
Fat	18
Of which saturated	2
Carbohydrate	55
Of which sugars	37
Fibre	
Protein	4.9
Salt	0.27

Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	No



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Cartwright & Butler English Afternoon Blend - 10 Finest Tea Bags 30g
Ingredients	100% Black Tea.

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	Sri Lanka
Storage Instructions	Store in a cool, dry place and away from direct sunlight.
Manufacturer's Name and Address	Confidential, Confidential, Confidential, Confidential, Confidential, Confidential, Conf.
Instructions for use	Once boiled, allow water to cool for a minute or two. Then pour over tea bag and allow flavour to infuse for 1-2 minutes.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	0 / 0
Fat	0
Of which saturated	0
Carbohydrate	0
Of which sugars	0
Fibre	0
Protein	0
Salt	0

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Heartsease Farm Sparkling Wild Elderflower Presse 75cl
Ingredients	Carbonated spring water, Sugar, Lemon juice from concentrate, Elderflower extracts, Natural Elderflower Flavouring.

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient storage, Store out of direct sunlight.
Manufacturer's Name and Address	Radnor Hills Mineral Water Company LTD, Heartsease, , Knighton, Powys, United Kingdom, LD71LU
Instructions for use	Once opened, keep refrigerated and consume within 3 days.

Nutrition Labelling: Typical value

Energy (kj/kcal)	133 / 30
Fat	0.5
Of which saturated	0.1
Carbohydrate	7.8
Of which sugars	6.8
Fibre	0
Protein	0.5
Salt	0.01

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	No
Free from artificial flavours	No
Free from artificial colours	No



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	SHOE Truly Handmade Shortbread Spanish Clementine 125g
Ingredients	Flour ( <b>WHEAT</b> Flour ( <b>GLUTEN</b> ), Calcium, Niacin, Iron, Thiamin), Butter (33%) ( <b>MILK</b> , Salt), Sugar, Ground Rice, Clementine Oil (0.5%). For allergens, see ingredients in bold. Also may contain <b>NUTS</b> , <b>SOYA</b> and <b>EGG</b> . Suitable for vegetarians.

For allergens, see ingredients in bold or CAPS	
May contain statements	Tree Nuts Soybeans Egg
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Manufacturer's Name and Address	Shortbread House of Edinburgh Ltd, 25 Tennant Street, Edinburgh, Midlothian, United Kingdom, EH6 5NA
Instructions for use	Once opened, store in an airtight container and consume within 7 days

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2110 / 504
Fat	25.6
Of which saturated	15.7
Carbohydrate	61.9
Of which sugars	17.4
Fibre	2
Protein	5.7
Salt	0.66

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Inessence Himalayan Salt Potato Crisps 125g
Ingredients	Potatoes, olive oil and sunflower oil blend and himalayan pink salt.

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Spain
Storage Instructions	cool dry space
Manufacturer's Name and Address	Patatas Fritas Rubio, Rio Mula, parc, . 1-2, P.I. MARIMINGO, Bullas, Murcia, Spain, 30180
Instructions for use	n/a

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2469 / 594
Fat	42
Of which saturated	6.74
Carbohydrate	46.7
Of which sugars	0.2
Fibre	0
Protein	5.45
Salt	3.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Macarons de Pauline Fraise - Pistache - Citron x 6 72g
Ingredients	Sugar, <b>ALMOND (NUTS)</b> s 22 %, EGG white, vegetable oils (palm, sunflower), water, glucose syrup, stabilisers (glycerol E422, sorbitols E420), starch, <b>PISTACHIO (NUTS)NUTS</b> 0,5%, concentrated strawberry juice 0,3%, concentrated lemon juice 0,2%, natural flavourings, emulsifiers (mono- and diglycerides of fatty acids E471, polyglycerol esters of fatty acids E475, lecithins E322), <b>HAZELNUT (NUTS)</b> s, preservative (sorbic acid E200), colors (carotenes E160a, carmine E120, copper complexes of chlorophylls and chlorophyllins E141), acid (citric acid E330).

For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat Milk Peanuts
Country of Origin	Belgium
Storage Instructions	Store in a dry place and keep away from heat
Manufacturer's Name and Address	Poppies Bakeries NV, Kasteelstraat 29, , B-8980 Zonnebeke, B-8980 Zonnebeke, Belgium, B-8980
Instructions for use	Eat

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1940 / 463
Fat	22
Of which saturated	4.9
Carbohydrate	59
Of which sugars	52
Fibre	2.6
Protein	7.3
Salt	0.08

Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Whittard Passionfruit, Mango & Peach Cold Brew 12 Teabags 30g
Ingredients	Apple Pomace, Acid (Citric Acid), Natural Flavouring, Hibiscus, Sweet Blackberry Leaves, Peach Pieces (Peach, Sugar) (1%), Passionflower Herb (1%), Mango Fruit Granules (Mango, Maltodextrin) (1%)

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Product of Germany
Storage Instructions	Store in a cool, dry place.
Manufacturer's Name and Address	Halsen & Lyon GmbH, Wilhelm-Iwan-Ring 6, , Hamburg, N/A, Germany, 21035
Instructions for use	Brew 1 teabag in cold water for 5-10 minutes. Consume within 8 hours of brewing. Keep your brewing equipment clean, washing thoroughly after each use. Our cold brew infusions have been specially designed for use in cold water.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	0 / 0
Fat	0
Of which saturated	0
Carbohydrate	0
Of which sugars	0
Fibre	
Protein	0
Salt	0

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
----------------------	------------	--------------	-----------------------

John Lewis Stock Number	
Name	Waitrose San Leo Prosecco DOC 75cl
Ingredients	Grapes, tirage liqueur, concentrated grape must, acidity regulators: tartaric acid, malic acid, stabilising agents: carboxymethylcellulose, preservatives: <b>SULPHITES</b> .

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place, away from heat sources and protected from direct light.
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., Via Borgolecco, 9, , Gambellara, Vicenza, Italia, 36053
Instructions for use	NA

### Nutrition Labelling: Typical value

Energy (kj/kcal)	289 / 69
Fat	0
Of which saturated	0
Carbohydrate	1.90
Of which sugars	1.35
Fibre	0
Protein	0
Salt	0

Alcoholic Strength	10.5
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes