



Ingredients and Allergy Information			
Date of last review:	19/03/2019	Version No.:	V2

John Lewis PLC Stock Number	77028008
Name	Bird & Blend Sticky Chai Trio
Ingredients	Traditional Sticky Chai: Wildflower Honey, Black Tea, Cardamom, Ginger, Cinnamon, Fennel, Cloves, Star Anise, Black Peppercorns, Coriander Seeds. , Gingerbread Chai Sticky Chai: Wildflower Honey, Rooibos, Cardamom, Ginger, Cinnamon, Fennel, Cloves, Black Peppercorns, Coriander Seeds, Mallow Blossoms, Flavouring. , Banana Bread Sticky Chai: Wildflower Honey, Rooibos, Ginger, Cinnamon, Cardamom, Freeze-Dried Banana, Fennel, Nutmeg, Cloves, Black Peppercorns, Coriander Seeds, Cacao Nibs, Vanilla Pieces, Natural Flavouring.
For allergens, see ingredients bold	
May contain statements	May contain tree nuts
Net Quantity	N/A
Manufacturer's name and address	Bird & Blend Tea Co. 3, Wood Way, Goring Business Park, Goring-by-Sea, Worthing BN12 4QY
Instructions for use	
Nutrition Labelling: Typical value	Per 10g Portion (Traditional Sticky Chai)
Energy	13 kCal
Fat	0.20g
Of which saturated	0.00g
Carbohydrate	3.30g
Of which sugars	3.20g
Fibre	0.00g
Protein	0.20g
Salt	0.00g
Nutrition Labelling: Typical value	Per 10g Portion (Gingerbread Chai Sticky Chai)
Energy	16 kCal
Fat	0.20g
Of which saturated	0.00g
Carbohydrate	4.00g
Of which sugars	3.60g
Fibre	0.00g
Protein	0.30g
Salt	0.00g
Nutrition Labelling: Typical value	Per 10g Portion (Banana Bread Sticky Chai)
Energy	16 kCal
Fat	0.20g
Of which saturated	0.10g
Carbohydrate	3.90g
Of which sugars	3.50g



Fibre	0.00g
Protein	0.30g
Salt	0.00g
Alcoholic Strength	-
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes