



## Ingredients and Allergy Information

Date of last review:	21/11/2024	Version No.:	1
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John Lewis Stock Number	78441606
Name	Christmas Pudding biscuit
Ingredients	<p>"Wheat Flour (<b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Sweetcream Butter (23%) (Cream (<b>Milk</b>), Salt), Sugar, Mincemeat (12%) (Sugar, Apple, Dried Fruits (Currants, Sultanas, Raisins, Sunflower Oil), Glucose Syrup, Mixed Peel (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator (Citric Acid)), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Acidity Regulator (Acetic Acid), Modified Maize Starch, Mixed Spice (Coriander Seed, Ginger, Cassia, Caraway Seed), Roast <b>Barley</b> Malt Extract, Salt, Colour (Plain Caramel), Orange Oil, Lemon Oil)), Currants (Currants, Sunflower Oil), Mixed Spice (Coriander, Cinnamon, Ginger, Allspice, Cardamom, Cloves, Fennel, Nutmeg), Raising Agents (Ammonia Bicarbonate, Sodium Bicarbonate).</p> <p>For allergens, including cereals containing gluten, see ingredients in bold. Not suitable for nut &amp; sesame allergy sufferers: may also contain egg, mustard, peanut, soya, and other gluten sources (oat, spelt, rye). "</p>
For allergens, see ingredients in <b>bold</b>	
May contain statements	N/A
Net Quantity	150g
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from strong light and odours. Once opened, store in an airtight container
Manufacturer's name and address	N/A
Instructions for use	Number of servings (using 3 heaped tsp/20g per mug): 450g = 22 mugs - hot or cold
<b>Nutrition Labelling: Typical value</b>	

Energy (kJ/kcal)	2021/ 494
Fat	24
Of which saturated	16
Carbohydrate	61
Of which sugars	27
Fibre	
Protein	5.3
Salt	0.34
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y