



## Ingredients and Allergy Information

Date of last review:	24/06/2025	Version No.:	V2
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John Lewis Stock Number	78490203
Name	Christmas Pudding Popcorn Shed 80g
Ingredients	Popped Corn (24%), Sugar, Glucose Syrup, Golden Syrup, Coconut Oil, Mixed Spice (Cinnamon, Coriander, Ginger, Nutmeg, Cloves), Rapeseed Oil, Natural Flavouring, Salt, Emulsifier: Sunflower Lecithin, Raising agent: Bicarbonate of Soda.
For allergens, see ingredients in <b>bold</b>	
May contain statements	May contain the occasional unpopped kernel. Made in a facility where Nuts, Peanuts and Gluten are present.
Net Quantity	80g
Country of Origin	UK
Storage Instructions	Store in a cool, dry place.
Manufacturer's name and address	Popcorn Shed Ltd - Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, SL7 1YA
Instructions for use	Once opened, re-seal to ensure freshness.
<b>Nutrition Labelling: Typical value</b>	Per 100g
Energy (kJ/kcal)	1529KJ / 365kcal
Fat	11.4g
Of which saturated	5.9g
Carbohydrate	60.4g
Of which sugars	37.2g
Fibre	4.3g
Protein	3.3g
Salt	0.5g
Alcoholic Strength	N/A
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	Yes

Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes