



Ingredients and Allergy Information

Date of last review:	24/06/25	Version No.:	V2
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John Lewis Stock Number	78490202
Name	Merry Christmas Popcorn Tin 400g
Ingredients	<p>Chocolate - Popped Corn (23%), Sugar, Butter (contains Milk), Milk Chocolate (8%) (contains: Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier: Sunflower Lecithin, Natural Vanilla Flavouring), Glucose Syrup, Golden Syrup, Cocoa Powder (6%), Rapeseed Oil, Salt, Emulsifier: Sunflower Lecithin. Raising agent: bicarbonate of soda.</p> <p>Caramel - Popped Corn (31%), Sugar, Glucose syrup, Golden syrup, Coconut Oil, Rapeseed Oil, Salt, Raising agent: Bicarbonate of Soda, Natural Flavouring (0.3%), Emulsifier: Sunflower Lecithin.</p> <p>Christmas Pudding - Popped Corn (24%), Sugar, Glucose Syrup, Golden Syrup, Coconut Oil, Mixed Spice (Cinnamon, Coriander, Ginger, Nutmeg, Cloves), Rapeseed Oil, Natural Flavouring, Salt, Emulsifier: Sunflower Lecithin, Raising agent: Bicarbonate of Soda.</p>
For allergens, see ingredients in bold	
May contain statements	May contain the occasional unpopped kernel. Made in a facility where Nuts, Peanuts and Gluten are present.
Net Quantity	400g
Country of Origin	UK
Storage Instructions	Store in a cool, dry place.
Manufacturer's name and address	Popcorn Shed Ltd - Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, SL7 1YA
Instructions for use	Once opened, re-seal to ensure freshness.
Nutrition Labelling: Typical value	Per 100g
Energy (kJ/kcal)	Chocolate - 2067KJ / 494kcal Caramel - 1837KJ / 435kcal

	Christmas Pudding - 1529KJ / 365kcal
Fat	Chocolate - 23.4g Caramel - 11.5g Christmas Pudding - 11.4g
Of which saturated	Chocolate - 14.3g Caramel - 8.1g Christmas Pudding - 5.9g
Carbohydrate	Chocolate - 63.8g Caramel - 80.6g Christmas Pudding - 60.4g
Of which sugars	Chocolate - 40g Caramel - 50.7g Christmas Pudding - 37.2g
Fibre	Chocolate - 3.7g Caramel - 4.1g Christmas Pudding - 4.3g
Protein	Chocolate - 5.2g Caramel - 4.1g Christmas Pudding - 3.3g
Salt	Chocolate - 0.8g Caramel - 1.6g Christmas Pudding - 0.5g
Alcoholic Strength	N/A
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes