John Lewis Stock Number	54640813	
Name	High Tea Hamper	
Contents	Claire's Handmade Raspberry Extra Jam 227g Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g San Nicasio De La Vera Smoked Paprika Potato Chips with Extra Virgin Olive Oil and Himalayan Pink Salt 150g Linden Lady Milk Chocolate Covered Marshmallows with White Chocolate Drizzle, Pink Balls & Pink Ribbon 125g Maxwell & Franks Cherry & Almond Slab Cake 400g New English Teas Fruit and Herbal Green Tea with Jasmine 10 Tea Bags 20g New English Teas Fruit and Herbal Rosehip & Hibiscus Tea 10 Infusions 20g New English Teas New English Breakfast 10 Tea Bags 20g Heartsease Farm Sparkling British Raspberry Lemonade 75cl Les Florentins Chocolate Lait & Orange 100g Macarons de Pauline Fraise - Pistache - Citron 72g Union Hand Roasted Coffee Yirgacheffe Cafetiere Grind 200g Waitrose San Leo Prosecco DOC 75cl	
Net Quantity	Individual product weights	
Manufacturer's name and address	Packer: Virginia Hayward Ltd	
Suitable for vegetarians	N	
Suitable for vegans	N	
Suitable for nut allergy sufferers	N	
Suitable for gluten allergy sufferers	N	
Suitable to wheat allergy sufferers	N	
Suitable for egg allergy sufferers	N	
Suitable for dairy allergy sufferers	N	
Suitable for soya allergy sufferers	N	
Free from alcohol	N	
Free from artificial flavours	N	
Free from artificial colours	N	

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.



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John Lewis Stock Number	
Name	Claire's Handmade Raspberry Extra Jam 227g
Ingredients	Sugar, raspberries, gelling agent: fruit pectin, acidity regulator: citric acid. Prepared with 45g fruit per 100g. Total sugar content 63g per 100g.

For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin	United Kingdom	
Storage Instructions	Store in a cool, dry place, away from sunlight. Once opened, refrigerate and use within 4 weeks.	
Manufacturer's Name and Address	Claire's Handmade Ltd, George Moore Estate, Fletchertown, Wigton, Cumbria, United Kingdom, CA7 1BA	
Instructions for use	Ready to eat.	

Nutrition Labelling: Typical value		
Energy (kj/kcal)	1127 / 265	
Fat	0.1	
Of which saturated	0	
Carbohydrate	65.1	
Of which sugars	65	
Fibre	1.3	
Protein	0.4	
Salt	0.02	

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Linden Lady Milk Chocolate Covered Marshmallows with White Chocolate Drizzle, Pink Balls & Pink Ribbon 125g
Ingredients	Ingredients: MILK chocolate (sugar cocoa butter, whole MILK powder, cocoa mass, emulsifier (SOYA lecithin), flavour (natural vanilla)), Min. cocoa solids 33%, MILK solids: 20%, White chocolate (sugar, cocoa butter, whole MILK powder, emulsifier (SOYA lecithin), natural vanilla flavour). Marshmallow (glucose syrup, sugar, dextrose, water, humectant (sorbitol syrup), gelatine, flavour). Decorations: Sugar, cornstarch, maltodextrin. Stabilizers: E414. Anti-caking agent: E555. Glazing agent: E903. Colours: E163, E171.

For allergens, see ingredients in bold or CAPS		
May contain statements	Tree Nuts	
Country of Origin	United Kingdom	
Storage Instructions	In the Dry, out of direct sunlight in temperature 15-22c	
Manufacturer's Name and Address	Linden Lady Chocolate, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR	
Instructions for use	n/a	

Nutrition Labelling: Typical value		
Energy (kj/kcal)	2027 / 482.5	
Fat	23.5	
Of which saturated	14.2	
Carbohydrate	61.2	
Of which sugars	56.3	
Fibre	0	
Protein	4.6	
Salt	0.14	

Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	No
Free from artificial colours	No



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John Lewis Stock Number	
Name	Maxwell & Franks Cherry & Almond Slab Cake 450g
Ingredients	Sultanas (42%) (Sultanas, Sunflower Oil), Whole & Broken Glacé Cherries (11%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Preservatives (Potassium Sorbate, SULPHUR DIOXIDE), Colours (Anthocyanin, Erythrosine)), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Blanched Whole & Flaked ALMONDS (NUTS)(6%), Whole EGG, Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Glucose Syrup, Black Treacle (Cane Molasses, Invert Sugar Syrup), Humectant: Vegetable Glycerine, Liquid Glaze [Glucose Syrup, Water, Sugar, Gelling Agents (Pectin, Carrageenan, Xanthan Gum), Acidity Regulators (Citric Acid, Trisodium Citrate, Tricalcium Phosphate), Preservative: Potassium Sorbate, Firming Agent: Potassium Chloride], Whey Powder (MILK), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin))

For allergens, see ingredients in bold or CAPS			
May contain statements	Soybeans		
Country of Origin	UK		
Storage Instructions Store in a cool dry place			
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT		
Instructions for use	Once opened consume within 3 days		

Nutrition Labelling: Typical value		
Energy (kj/kcal)	1494 / 355	
Fat	8.9	
Of which saturated	2.2	
Carbohydrate	63	
Of which sugars	51	
Fibre	0	
Protein	4.8	
Salt	0.3	

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number			
Name	New English Teas Fruit and Herbal Green Tea with Jasmine 10 Tea Bags 20g		
Ingredients	Green Tea, Jasmine		
For allergens, see ingredient	s in bold o	or CAPS	
May contain statements			
Country of Origin		India	
Storage Instructions		Store in a cool dry place	
Manufacturer's Name and Address		New English Teas Ltd, Unit 6, Spitfire Close, Coventry Business Park, Coventry, West Midlands, United Kingdom, CV5 6UR	
Instructions for use		Allow to steep in boiling water for 2-3 minutes	
Alcoholic Strength		0	
Suitable for vegetarians		Yes	
Suitable for vegans		Yes	
Suitable for nut allergy suffer	rers	Yes	
Suitable for gluten allergy su	fferers	Yes	
Suitable for wheat allergy su	fferers	Yes	
Suitable for egg allergy sufferers		Yes	
Suitable for dairy allergy sufferers		Yes	
Suitable for soya allergy sufferers		Yes	
Free from alcohol		Yes	
Free from artificial flavours		Yes	
Free from artificial colours		Yes	



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John Lewis Stock Number	
Name	Macarons de Pauline Fraise - Pistache - Citron x 6 72g
Ingredients	Sugar, ALMONDS (NUTS) 22%, EGG white, vegetable oils (palm, sunflower), water, stabilisers (glycerol E422, sorbitol E420i), glucose syrup, chocolate 1,2% [cocoa mass, sugar, fat-reduced cocoa powder, emulsifier (lecithin), natural vanilla flavouring], starch, fat-reduced cocoa powder, PISTACHIO NUTS 0,5%, concentrated strawberry juice 0,3%, emulsifiers (mono- and diglycerides of fatty acids E471, polyglycerol esters of fatty acids E475, lecithin E322), natural flavourings, HAZELNUTS (NUTS), preservative (sorbic acid E200), colors (beta-carotene E160aiii, carmines E120, sodium copper chlorophyllins E141ii), acid (citric acid E330). May contain MILK, PEANUTS, GLUTEN and other NUTS

For allergens, see ingredients in bold or CAPS			
May contain statements Cereals containing gluten namely wheat Milk Peanuts			
Country of Origin Belgium			
Storage Instructions Cool and Dry			
Manufacturer's Name and Address	Poppies International NV, Kasteelstratt 29, B8980 Zonnebeke, Belgium, Belgium, B8980		
Instructions for use	Eat		

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1935 / 462
Fat	23
Of which saturated	5.1
Carbohydrate	58
Of which sugars	51
Fibre	3
Protein	7.5
Salt	0.09

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Waitrose San Leo Prosecco DOC 75cl
Ingredients	Glera (White Wine, Grape Must) 85%, White Wine (Chardonnay, Pinot Bianco, Pinot grigio, Pinot noir white vinification) 15%, Potassium metabi SULPHITE), Made using (Sucrose, Yeast powder, Diammonium Phosphate, Thiamine Hydrochloride, Citric acid), Cleared using (Bentonite, Polyvinylpolypyrrolidone).

For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin	Italy	
Storage Instructions	Store in a cool, dry place.	
Manufacturer's Name and Address	Casa Vinicola Zonin Spa, Via Borgolecco, 9, Gambellara (VI), Veneto, Italy, 36053	
Instructions for use	Once opened, keep refrigerated and consume within 3 days.	
Alcoholic Strength	11	
Suitable for vegetarians	Yes	
Suitable for vegans	Yes	
Suitable for nut allergy sufferers	Yes	
Suitable for gluten allergy sufferers	Yes	
Suitable for wheat allergy sufferers	Yes	
Suitable for egg allergy sufferers	Yes	
Suitable for dairy allergy sufferers	Yes	
Suitable for soya allergy sufferers	Yes	
Free from alcohol	No	
Free from artificial flavours	Yes	
Free from artificial colours	Yes	



Protein

Salt

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John Lewis Stock Number			
Name		San Nicasio De La Vera Smoked Paprika Potato Chips with Extra Virgin Olive Oil and	
	-	yan Pink Salt 150g	
Ingredients	Potatoe	Potatoes, extra virgin olive oil (40%), paprika (1%) and salt (0,8%)	
For allergens, see ingredie	ents in bold o	or CAPS	
May contain statements			
Country of Origin		Spain	
Storage Instructions		Store in a cool dry place up to 10 months if sealed	
Manufacturer's Name and Address		Patatas Fritas San Nicasion S.L., CR A-339, KM 19, Paraje Los Bermejales,	
		Carcabuey, Cordoba, Spain, 14810	
Instructions for use		Ready to eat	
Nutrition Labelling: Typica	al value		
Energy (kj/kcal)		2377 / 571	
Fat		40	
Of which saturated		5.5	
Carbohydrate		45	
Of which sugars		0	
Fibre		4.3	

6.8

0.83

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Numb	er		
Name	New Er	nglish Teas Fruit and Herbal Rosehip & Hibiscus Tea 10 Infusions 20g	
Ingredients	Hisbisc	Hisbiscus. Rosehips	
For allergens, see ingre	dients in bold	or CAPS	
May contain statement	S		
Country of Origin		India	
Storage Instructions		Cool, dry	
Manufacturer's Name a	nd Address	Saraf	
Instructions for use		Start with fresh, cold water Place a tea bag in your favorite cup or mug. Bring water to a rolling boil and immediately pour over your tea bag. Steep for a good 3 to 5 minutes Remove the tea bag	

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Heartsease Farm Sparkling British Raspberry Lemonade 75cl
Ingredients	Carbonated spring water, Sugar, Raspberry juice 4%, Lemon juice from concentrate 5%, Lemon comminute, Orange juice from concentrate, Flavouring, Carrot & Hibiscus extracts

For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin	Wales	
Storage Instructions	Store at Ambient Temperatures, Once Opened, keep refrigerated and consumer within 3 days	
Manufacturer's Name and Address	Radnor Hills, Radnor Hills, Heartsease Farm, Knighton, Powys, United Kingdom, LD7 1LU	
Instructions for use	Best served chilled	

Nutrition Labelling: Typical value		
Energy (kj/kcal)	134 / 32	
Fat	0.5	
Of which saturated	0.1	
Carbohydrate	7.8	
Of which sugars	7.8	
Fibre	0	
Protein	0.5	
Salt	0.01	

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	New English Teas New English Breakfast 10 Tea Bags 20g
Ingredients	100% black tea
For allergens, see ingredients in bold or CAPS	
May contain statements	
6	Line

Country of Origin	India
Storage Instructions	Ambient
Manufacturer's Name and Address	Saraf, 2/14 Byepass Road, Madathur, Tuticorin, Tamil Nadu, India, 628 101
Instructions for use	Add boiled water and steep for 2-3 mins, add milk and sugar to atste

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Les Florentins Chocolate Lait & Orange 100g
Ingredients	24% MILK chocolate (Cocoa paste, Sugar, Cocoa butter, MILK powder, Emulsifier (SOYA lecithin)), Sugar, 16% Candied orange cubes (Orange peel, Saccharose, Glucose syrup, Acidifier (Citric acid)), 13% Split ALMONDS (NUTS), Fresh salted butter (MILK), 8% Raisins, Fresh cream (MILK), 6% Honey. May contain traces of other treeNUTS, and EGG.

For allergens, see ingredients in bold or CAPS	
May contain statements	Eggs
Country of Origin	France
Storage Instructions	Keep away from heat (15< T°<20°C) and humidity
Manufacturer's Name and Address	Les Florentines, 58 Rue de Lorraine, La Chapelle sur Erdre, France, 44240
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1959 / 468.7
Fat	27.8
Of which saturated	13.2
Carbohydrate	49.4
Of which sugars	46.1
Fibre	0
Protein	5.3
Salt	0.3

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



John Lewis Stock Number	
Name	Farmhouse Biscuits Milk Chocolate Oat Crumbles 160g
Ingredients	Rolled OATS (42%), Vegetable Oils (Sustainable Palm, Rapeseed), Sugar, MILK Chocolate (15%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring).

For allergens, see ingredients in bold or CAPS	
May contain statements	Cereals containing gluten namely wheat Eggs Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place, away from direct sunlight. Once opened, store in an airtight container and consume within 2 weeks.
Manufacturer's Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, UK, BB99PX
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2252 / 539
Fat	32.8
Of which saturated	10.9
Carbohydrate	50.2
Of which sugars	24.6
Fibre	0
Protein	6.6
Salt	0.7

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



John Lewis Stock Number

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Name	Union Hand Roasted Coffee Yirgacheffe Cafetiere Grind 200g	
Ingredients	100% Arabica Coffee	
For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin		UK
Storage Instructions		Store in a cool dry place and use within 2 weeks of opening
Manufacturer's Name and Ad	ddress	Union Hand-Roasted Coffee, 7a South Crescent, London, UK, RM4 1NB
Instructions for use		The perfect cafetiere: One heaped dessert spoon (15-18g) per 250ml cup. Water just off the boil (92), Stir, brew for 4 minutes then plunge and enjoy.

Nutrition Labelling: Typical value		
Energy (kj/kcal)	17 / 4	
Fat	0.3	
Of which saturated	0.3	
Carbohydrate	1	
Of which sugars	0.25	
Fibre	0	
Protein	0.5	
Salt	0	

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes