

John Lewis Stock Number	54650802
Name	The Belgravia Hamper
Contents	England Preserves London Marmalade 205g England Preserves Strawberry Days Jam 190g Farmhouse Biscuits Dark Chocolate Orange Marmalade 150g Mr Filbert's Simply Sea Salt Mixed Nuts 100g Linden Lady 12 Chocolate Selection with Coffee Bean, Chocolate Drizzle & Gold Balls 150g Maxwell & Franks Cherry & Almond Slab Cake 400g Howdah Himilayan Salt Poppadom Mini 80g Savoursmiths Desert Salt and Vinegar Potato Crisps 150g Wide River Chenin Blanc 75cl Wide River Shiraz 75cl Tenuta Marmorelle Black Olive Tapenade 180g Les Florentins Chocolate Lait & Caramel 100g Union Hand Roasted Coffee Yirgacheffe Cafetiere Grind 200g Cheese Nibbles Stilton & Almond Sables 120g Waitrose San Leo Prosecco DOC 75cl
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	N
Free from artificial colours	N

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	England Preserves London Marmalade 250g
Ingredients	Sugar 55% Seville Oranges 40% Fruit Pectin 5%

For allergens, see ingredients in bold or CAPS	
May contain statements	Mustard
Country of Origin	United Kingdom
Storage Instructions	Ambient
Manufacturer's Name and Address	Spread The Happiness Ltd T/A England Preserves, Arch 2, 148 Spa Road, London, Greater London, United Kingdom, SE16 4EJ
Instructions for use	Serves as a sweet spread.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1161 / 274
Fat	0.1
Of which saturated	0.1
Carbohydrate	66.4
Of which sugars	64.7
Fibre	
Protein	0.5
Salt	0.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Mr Filbert's Simply Sea Salt Mixed Nuts 100g
Ingredients	Roasted Mixed NUTS 98% (PEANUTS 58%, CASHEWS (NUTS) 25%, ALMONDS (NUTS) 17%), sea salt 1.95%, Rapeseed oil,

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Instructions for use	Snack

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2536 / 612
Fat	49.9
Of which saturated	5.9
Carbohydrate	12.7
Of which sugars	5.5
Fibre	6.8
Protein	24.7
Salt	1.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Maxwell & Franks Cherry & Almond Slab Cake 450g
Ingredients	Sultanas (42%) (Sultanas, Sunflower Oil), Whole & Broken Glacé Cherries (11%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Preservatives (Potassium Sorbate, SULPHUR DIOXIDE), Colours (Anthocyanin, Erythrosine)), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Blanched Whole & Flaked ALMONDS (NUTS) (6%), Whole EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Glucose Syrup, Black Treacle (Cane Molasses, Invert Sugar Syrup), Humectant: Vegetable Glycerine, Liquid Glaze [Glucose Syrup, Water, Sugar, Gelling Agents (Pectin, Carrageenan, Xanthan Gum), Acidity Regulators (Citric Acid, Trisodium Citrate, Tricalcium Phosphate), Preservative: Potassium Sorbate, Firming Agent: Potassium Chloride], Whey Powder (MILK), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin))

For allergens, see ingredients in bold or CAPS	
May contain statements	Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Instructions for use	Once opened consume within 3 days

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1494 / 355
Fat	8.9
Of which saturated	2.2
Carbohydrate	63
Of which sugars	51
Fibre	0
Protein	4.8
Salt	0.3

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2 28/08/2019 08:47:00
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John Lewis Stock Number	
Name	Savoursmiths Desert Salt and Vinegar Potato Crisps 150g
Ingredients	Potato, Desert Salt & Vinegar Flavour (Rice flour, Oryx Desert salt, spirit vinegar powder, natural flavouring, sugar, acid (citric acid E330), medium chain triglycerides, anti-caking agent (silicon dioxide E551 (non-declarable processing aid)), Sunflower Oil.

For allergens, see ingredients in bold or CAPS	
May contain statements	Milk Mustard Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from light.
Manufacturer's Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, UK, CB224QF
Instructions for use	Store in a cool dry place away from light.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1988 / 475
Fat	27
Of which saturated	2.3
Carbohydrate	53
Of which sugars	1.6
Fibre	4.1
Protein	5.9
Salt	3.8

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Waitrose San Leo Prosecco DOC 75cl
Ingredients	Glera (White Wine, Grape Must) 85%, White Wine (Chardonnay, Pinot Bianco, Pinot grigio, Pinot noir white vinification) 15%, Potassium metabisulphite, Made using (Sucrose, Yeast powder, Diammonium Phosphate, Thiamine Hydrochloride, Citric acid), Cleared using (Bentonite, Polyvinylpyrrolidone).

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place.
Manufacturer's Name and Address	Casa Vinicola Zonin Spa, Via Borgolecco, 9, Gambellara (VI), Veneto, Italy, 36053
Instructions for use	Once opened, keep refrigerated and consume within 3 days.
Alcoholic Strength	11
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	England Preserves Strawberry Days Jam 190g
Ingredients	Strawberries 57%, Sugar 40%, Lemon Juice 3%, Gelling Agent: Fruit Pectin <1%.

For allergens, see ingredients in bold or CAPS

May contain statements	Mustard
Country of Origin	United Kingdom
Storage Instructions	Ambient
Manufacturer's Name and Address	Spread The Happiness Ltd T/A England Preserves, Arch 2, 148 Spa Road, London, Greater London, United Kingdom, SE16 4EJ
Instructions for use	Refrigerate once open and use within four weeks

Nutrition Labelling: Typical value

Energy (kj/kcal)	828 / 195
Fat	0.2
Of which saturated	0.1
Carbohydrate	47.1
Of which sugars	46.2
Fibre	
Protein	0.6
Salt	0.11

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Tenuta Marmorelle Black Olive Tapenade 180g
Ingredients	Black olives 93%, extra virgin olive oil 2%, salt. Acidity regulator: citric acid.

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	Italy
Storage Instructions	Ambient
Manufacturer's Name and Address	Tenuta Marmorelle Limited, Avon Park, Colthrop Lane, Thatcham, Berkshire, United Kingdom, RG19 4AJ
Instructions for use	Use as a dip or spread on bread etc

Nutrition Labelling: Typical value

Energy (kj/kcal)	1387 / 337
Fat	34.3
Of which saturated	9.2
Carbohydrate	4.5
Of which sugars	4.5
Fibre	2.2
Protein	1.4
Salt	2.9

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Wide River Chenin Blanc 75cl
Ingredients	100% Chenin Blanc grapes SULPHITES Traces of MILK

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	South Africa
Storage Instructions	NA
Manufacturer's Name and Address	ROBERTSON WINERY, Voortrekker Road, Robertson, Cape Town, South Africa, 6705
Instructions for use	NA

Alcoholic Strength	13
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Wide River Shiraz 75cl
Ingredients	100% Shiraz grapes SULPHITES Traces of EGG

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	South Africa
Storage Instructions	NA
Manufacturer's Name and Address	ROBERTSON WINERY, Voortrekker Road, Robertson, Cape Town, South Africa, 6705
Instructions for use	NA

Alcoholic Strength	13.5
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Howdah Himilayan Salt Poppadom Mini 80g
Ingredients	WHEAT Flour, palm oil (RSPO) rice flour, gram flour, potato starch, salt, sugar, seasoning (white pepper powder, Himalayan pink salt, mango powder, black pepper powder, mint powder, cumin powder, sugar) acidity regulator: citric acid; raising agent: sodium bicarbonate.

For allergens, see ingredients in bold or CAPS	
May contain statements	Milk Tree Nuts Peanuts Sesame
Country of Origin	Uk
Storage Instructions	Keep in a cool dry place
Manufacturer's Name and Address	Universal Flexible Packaging, 61 Lunsford Road, Leicester, Leicestershire, united kingdom, LE5 OHJ
Instructions for use	Once opened keep the product in air tight condition

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2042 / 486
Fat	25
Of which saturated	11
Carbohydrate	57
Of which sugars	4.5
Fibre	3.7
Protein	7.2
Salt	2

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Les Florentins Chocolate Lait & Caramel 100g
Ingredients	Salted butter caramel 39% (Sugar, Butter (MILK), Fresh salt cream (MILK)), MILK chocolate 24% (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (SOYA lecithin)), Slivered ALMONDS (NUTS) 14%, Raisins 9%, Honey 7%, Candied orange cubes (Orange peel, Sucrose, Glucose syrup, Sugar, Acidifier (Citric acid)), Caramel chips with salted butter 4% (Salted butter caramel (Sugar, Glucose syrup, Butter (MILK), Cream (MILK), Water, Salt), Sugar, Water, OAT fibres, Gelling agent (Sodium alginate), Salt, Natural flavouring, Caramel (Sugar)), Guernsey salt. May contain traces of other NUTS and EGGS .

For allergens, see ingredients in bold or CAPS	
May contain statements	Eggs
Country of Origin	France
Storage Instructions	Keep away from heat (15< T°<20°C) and humidity
Manufacturer's Name and Address	Les Florentins, 58 Rue de Lorraine, La Chapelle sur Erdre, France, 44240
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2021 / 470
Fat	22
Of which saturated	10
Carbohydrate	61
Of which sugars	59
Fibre	3
Protein	5
Salt	0.8

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Cheese Nibbles Stilton & Almond Sables 120g
Ingredients	Ingredients: Flour (WHEAT Flour, Calcium, Niacin, Iron, Thiamin), Blue Stilton Cheese (22%) (MILK , Anti-caking Agent: Cellulose), Salted Butter (14%) (MILK , Salt), Vegetable Oils (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Flavourings), Nibbed ALMONDS (NUTS) (13%).

For allergens, see ingredients in bold or CAPS	
May contain statements	Eggs Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from direct sunlight
Manufacturer's Name and Address	What A Pickle!, Whitbatch Farm, Ludlow, Shropshire, United Kingdom, SY8 3DU
Instructions for use	These cheesy bites are delicious to be enjoyed as snacks or canapés

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2574 / 618
Fat	46.9
Of which saturated	21.6
Carbohydrate	33.6
Of which sugars	0.2
Fibre	0
Protein	14.5
Salt	1.67

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Farmhouse Biscuits Dark Chocolate Orange Marmalade 150g
Ingredients	Flour (WHEAT Flour, Calcium, Niacin, Iron, Thiamin), Salted Butter (17%) (MILK , Salt), Dark Chocolate (16%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Dark Chocolate Chips (16%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Soft Brown Sugar (Sugar, Cane Molasses, Colour: Plain Caramel; Partially Inverted Sugar syrup), Cocoa Paste (Cocoa Powder, Rapeseed Oil Emulsifier: Mono- and Diglycerides of Fatty Acids), Orange Marmalade (2%) (Sugar, Oranges), Free Range Pasteurised EGG , Natural Orange Flavouring, Raising Agent: Sodium Hydrogen Carbonate.

For allergens, see ingredients in bold or CAPS	
May contain statements	Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool dry place, away from direct sunlight. Once opened, store in a cool dry place and consume within 2 weeks.
Manufacturer's Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, UK, BB99PX
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2199 / 525
Fat	29.9
Of which saturated	16.2
Carbohydrate	56.4
Of which sugars	30.2
Fibre	0
Protein	4.6
Salt	0.57

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Linden Lady 12 Chocolate Selection with Coffee Bean, Chocolate Drizzle & Gold Balls 150g
Ingredients	Ingredients: Sugar, cocoa butter, cocoa mass, fat reduced cocoa powder, whole MILK powder, emulsifier: SOYA lecithin, flavour: vanilla. HAZELNUTS (NUTS) , puffed rice (rice, sugar, salt, BARLEY malt flavouring), fresh cream (MILK), skimmed MILK powder, glucose syrup, inverted sugar syrup, rice starch, concentrated grape juice, Marc de champagne (3.7%), natural flavouring: vanilla. fondant (glucose, sugar, water), glucose syrup, condensed MILK , butter (MILK), Rum (0.5%), vine fruits (8%). SULPHITES , WALNUTS (NUTS) , vegetable fat (coconut), emulsifier: E471, salt natural flavourings, cocoa liquor, coffee, WHEAT starch, maltodextrin, stabiliser: E414, colours: E171, E172, E100, E102, E555. Plain chocolate min. Cocoa solids 70%. MILK chocolate min. Cocoa solids 33%, MILK solids 20%. White chocolate min. Cocoa solids 28%, MILK solids 22%.

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	IN DRY OUT OF DIRECT SUNLIGHT TEMP +10C -25C
Manufacturer's Name and Address	LINDEN LADY CHOCOLATES LTD, WALNUT TREE FARM, BIRCH ROAD, Colchester, Essex, United Kingdom, CO6 1DR
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2059 / 490
Fat	24
Of which saturated	9
Carbohydrate	62
Of which sugars	50
Fibre	0
Protein	5.2
Salt	0.87

Alcoholic Strength	3.7
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	No
Free from artificial flavours	No
Free from artificial colours	No



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John Lewis Stock Number	
Name	Union Hand Roasted Coffee Yirgacheffe Cafetiere Grind 200g
Ingredients	100% Arabica Coffee

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool dry place and use within 2 weeks of opening
Manufacturer's Name and Address	Union Hand-Roasted Coffee, 7a South Crescent, London, UK, RM4 1NB
Instructions for use	The perfect cafetiere: One heaped dessert spoon (15-18g) per 250ml cup. Water just off the boil (92), Stir, brew for 4 minutes then plunge and enjoy.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	17 / 4
Fat	0.3
Of which saturated	0.3
Carbohydrate	1
Of which sugars	0.25
Fibre	0
Protein	0.5
Salt	0

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes