

Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis Stock Number	77060713
Name	CHEESE LOVERS PRESERVES
Ingredients	<p>Farmhouse Chutney for Cheese 190g Ingredients: Onions, Brown Sugar, Apricots (17%), Dates (17%), Malt Vinegar (from <u>barley</u>), Apples (8%), Salt, Spices. May contain traces of <u>mustard</u>. Allergens are underlined. Made in the UK</p> <p>Sticky Fig Preserve for Cheese 195g Ingredients: Figs (rehydrated), Red Onions, Brown Sugar, Red Wine Vinegar, Lemon Juice (from concentrate), Spices. May contain <u>mustard</u>. Allergens are underlined. Made in the UK</p> <p>Ploughmans Chutney 180g Ingredients: Diced Onion (45%), Sugar, Spiced Vinegar (Malt Vinegar, Malt Extract, (both from <u>Barley</u>), Spices), Dates (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (Both Apples Contain Preservative: Sodium Metabisulphite (<u>Sulphites</u>), Vegetable Oil: Rapeseed, Salt, Yellow <u>Mustard</u> Flour, Spice. Allergens are underlined. Made in the UK</p> <p>Tomato & Chilli Relish 190g Ingredients: Tomatoes (53%), Onion, Brown Sugar, Malt Vinegar (<u>Barley</u>), Modified Starch, Red Chillies (2%), Curry Powder (Turmeric, Coriander, <u>Mustard</u> Powder, Onion Powder, Ginger, Cumin, Fenugreek, Garlic Powder, Chilli Powder, Fennel, Salt, Black Pepper), Salt, <u>Mustard</u> Powder. Allergens are underlined. Made in the UK</p> <p>Oatcakes 150g Ingredients: <u>Oatmeal</u> (63%), <u>Wheat flour</u> (calcium carbonate, iron, niacin, thiamin), Palm Oil, Rapeseed Oil, Sugar, Salt [E535], Raising Agents (skylark [E450], sodium bicarbonate [E500]), Allergens are underlined. Made in the UK</p>
For allergens, see ingredients underlined	
May contain statements	These products are manufactured in premises that handle wheat, barley, gluten, nuts, celery, egg, milk,

	mustard, soya, crustacean and sulphur dioxide/sulphites.				
Net Quantity	905g				
Country of Origin	UK				
Storage Instructions	N/A				
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD				
Instructions for use	N/A				
Nutrition Labelling: Typical value	Farmhouse Ch Sticky Fig Pres Ploughman Ch Tom & Chilli Rel Oatcakes				
Energy (kJ/kcal)	706kJ/166kcal 917kJ/216kcal 874kJ/206kcal 472kJ/111kcal 2050kJ/488kcal				
Fat	0g	0.5g	0.9g	0.4g	21.6g
Of which saturated	0g	0g	0g	0g	6g
Carbohydrate	39.2g	51.5g	50g	25.7g	65.8g
Of which sugars	38.7g	50.3g	49g	22.5g	4.6g
Fibre	n/a	n/a	n/a	n/a	5.8g
Protein	1.8g	1.4g	1.3g	1.3g	6.6g
Salt	0.5g	0g	0.43g	1g	1.8g
Alcoholic Strength	N/A				
Suitable for vegetarians	Y				
Suitable for vegans	Y				
Suitable for nut allergy sufferers	N as may contain traces of nuts				
Suitable for gluten allergy sufferers	N				
Suitable to wheat allergy sufferers	N				
Suitable for egg allergy sufferers	Y				
Suitable for dairy allergy sufferers	Y				
Suitable for soya allergy sufferers	Y				
Free from alcohol	Y				
Free from artificial flavours	Y				
Free from artificial colours	Y				