

## Ingredients and Allergy Information

Date of last review:	19/06/2024	Version No.:	V2
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John Lewis Stock Number	46570504
Name	Hydration Blend Lemon and Mint
Ingredients	Magnesium Citrate, Malic Acid, Citric Acid, Calcium Lactate, Potassium Chloride, Pink Himalayan Sea Salt, Magnesium Phosphate, Sodium Bicarbonate, Tri-Potassium Citrate, Vitamin C (Calcium Ascorbate), Natural Flavours, Stevia (Steviol Glycosides), Zinc Citrate, Vitamin B6 (Pyridoxine HCl), Chromium Picolinate.
For allergens, see ingredients in <b>bold</b>	
May contain statements	N/A
Net Quantity	20 servings – 90g (4.5g sachets)
Country of Origin	United Kingdom
Storage Instructions	Ambient storage
Manufacturer's name and address	LiquidSun, Unit 25-26 Meadow Park Industrial Estate Essendine Stamford Lincolnshire, PE9 4LT
Instructions for use	Add contents of a sachet to 500ml of cold water. Shake or stir until dissolved. The amount of water will affect sweetness so find what works best for you.
<b>Nutrition Labelling: Typical value</b>	
Energy (kJ/kcal)	16kJ/4 kcal per 4.5 serving
Fat	0g
Of which saturated	0g
Carbohydrate	0g
Of which sugars	0g
Fibre	0g
Protein	0g
Salt	<0.15g
Alcoholic Strength	N/A
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes

Suitable for gluten allergy sufferers	Yes
Suitable to wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes