

John Lewis Stock Number	54642607
Name	Perfect Pantry
Contents	Brodies Darjeeling Tea 20 Bags 40g Brown Bag Crisps Lightly Salted 150g Chiltern Cold Pressed Chilli Infused Rapeseed Oil 250ml Kingsdown Elderflower Sparkle 750ml Simply Cornish Ginger Fairings 200g Market Town Bakery Strawberry Preserve 227g Odysea Roasted Red Pepper & Feta Meze 220g Rummo Conchiglie Rigate No 42 500g Popcorn Kitchen Simply Sweet 100g Potts' Abra-ca Dinner Tomato & Basil Sauce 350g Shaws Devilish Tomato & Chilli Relish 300g The Kindness Bakery Mature Cheddar Cheese Oatcake Bites 175g
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Brodies Darjeeling Tea 20 Bags 40g
Ingredients	Black Tea

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from sunlight.
Manufacturer's Name and Address	Brodie Melrose Drysdale & Co Ltd, Newhailes Industrial Estate, Newhailes Road, Musselburgh, East Lothian, Scotland, EH21 6SY
Instructions for use	Use one bag per person. Boil freshly drawn cold water and pour immediately once boiled. Wait 3 - 5 minutes to ensure fully infused.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	4 / 1
Fat	0.1
Of which saturated	0.1
Carbohydrate	0.1
Of which sugars	0.1
Fibre	0
Protein	0.1
Salt	0.01

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Brown Bag Crisps Lightly Salted 150g
Ingredients	Potatoes (70%), sunflower oil (28.8%) salt (1.2%)

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Manufacturer's Name and Address	Burts Chips Ltd are the manufacture - but Ben and Bills are responsible for the particulars on the bag, The Klamp House, Belliver Way, Roborough, Devon, United Kingdom, PL6 7BP
Instructions for use	Open and enjoy!

Nutrition Labelling: Typical value

Energy (kj/kcal)	2149 / 514
Fat	28.8
Of which saturated	2.3
Carbohydrate	58.6
Of which sugars	0.2
Fibre	2.5
Protein	5.1
Salt	1.2

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Chiltern Cold Pressed Chilli Infused Rapeseed Oil 250ml
Ingredients	Cold pressed Rapeseed oil, natural chilli flavouring.

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient- Store in a cool dark place
Manufacturer's Name and Address	Simon Mead, The Moors, Lower Icknield Way, Wilstone Green, Hertfordshire, United Kingdom, HP23 4NT
Instructions for use	Chiltern cold pressed rapeseed oil is pressed, and the oil extracted without the use of heat or solvents, it is then filtered, and a natural chilli flavouring is added. It is suitable for roasting, stir-frying or to make salad dressings. It is not suitable for deep fat frying. Pour carefully.

Nutrition Labelling: Typical value

Energy (kj/kcal)	3674 / 894
Fat	99.3
Of which saturated	6.38
Carbohydrate	0.1
Of which sugars	0.1
Fibre	0
Protein	0.1
Salt	0.025

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Kingsdown Elderflower Sparkle 750ml
Ingredients	spring water, white cane sugar, elderflower extract, citric acid, ascorbic acid

For allergens, see ingredients in bold or CAPS

May contain statements	
Country of Origin	united kingdom
Storage Instructions	cool dark place
Manufacturer's Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, United Kingdom, CT14 7NA
Instructions for use	chill and invert bottle before opening to mix

Nutrition Labelling: Typical value

Energy (kj/kcal)	122 / 29
Fat	0
Of which saturated	0
Carbohydrate	7.2
Of which sugars	7.1
Fibre	0
Protein	0
Salt	0

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Simply Cornish Ginger Fairings 200g
Ingredients	WHEAT Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamine), Sugar, Butter (MILK), Raising Agents (E500ii, E450i), Ginger (0.5%), Cinnamon, Salt

For allergens, see ingredients in bold or CAPS

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place and once opened store in an airtight container
Manufacturer's Name and Address	Furniss of Cornwall, Unit 11, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Instructions for use	N/A

Nutrition Labelling: Typical value

Energy (kj/kcal)	1589 / 380
Fat	9.7
Of which saturated	6.1
Carbohydrate	67
Of which sugars	38
Fibre	0
Protein	5.5
Salt	1.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/coeliac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Ingredients and Allergy Information

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John Lewis Stock Number	
Name	Odysea Roasted Red Pepper & Feta Meze 220g
Ingredients	Roasted Red Peppers (46%)(Red Peppers (94%), Red Wine Vinegar, Sea Salt, Sugar), Feta Cheese (Sheep's and GOATS' MILK) (21%), Onions, Myzithra Cheese (Sheep's and GOATS' MILK), Pickled Red Peppers (6%)(Red Peppers (97%), Sea Salt, Acidity Regulator (Citric Acid)), Extra Virgin Olive Oil, Red Wine Vinegar, Sugar, Sea Salt, Thyme.

For allergens, see ingredients in bold or CAPS	
May contain statements	Sesame
Country of Origin	Greece
Storage Instructions	Store in a cool and dry place
Manufacturer's Name and Address	Pelopac SA, Industrial Area of Thessaloniki, Sindos, Thessaloniki, Greece, 57022
Instructions for use	Refrigerate after opening and consume within 7 days

Nutrition Labelling: Typical value	
Energy (kj/kcal)	634 / 153
Fat	10.8
Of which saturated	4.3
Carbohydrate	7.3
Of which sugars	6.9
Fibre	1.8
Protein	5.6
Salt	1.6

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Rummo Conchiglie Rigate No 42 500g
Ingredients	Durum WHEAT Semolina

For allergens, see ingredients in bold or CAPS

May contain statements	Soybeans
Country of Origin	United Kingdom
Storage Instructions	Ambient
Manufacturer's Name and Address	Rummo S.p.A, Via Dei Grandi Maestri Pastai, 1, Italy, 82100
Instructions for use	N/A

Nutrition Labelling: Typical value

Energy (kj/kcal)	1510 / 356
Fat	1.6
Of which saturated	0.3
Carbohydrate	69.5
Of which sugars	3.1
Fibre	2.9
Protein	14.5
Salt	0.005

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Popcorn Kitchen Simply Sweet 100g
Ingredients	Popped corn, sunflower oil, sugar

For allergens, see ingredients in bold or CAPS

May contain statements	Milk Tree Nuts Peanuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Manufacturer's Name and Address	Honestly Made Popcorn Ltd, Lane End Ind Estate, High Wycombe, Buckinghamshire, UK, HP143BY
Instructions for use	Open bag and eat and enjoy

Nutrition Labelling: Typical value

Energy (kj/kcal)	1939 / 463
Fat	18
Of which saturated	1.5
Carbohydrate	65
Of which sugars	30
Fibre	9.1
Protein	5.6
Salt	0.01

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/ceciac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes

Free from artificial colours

Yes



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John Lewis Stock Number	
Name	Potts' Abra-ca Dinner Tomato & Basil Sauce 400g
Ingredients	Tomatoes (51%), Water, Onions, Tomato Puree (8%), Olive Oil, Red Wine (SULPHITES), Garlic, Sugar, Basil (1.6%), Vegetable Bouillon Powder (Potato Starch, Sea Salt, Yeast Extract, Vegetables (Onion, Leek, Carrot, CELERY , Garlic), Palm Oil, Maltodextrin, Spices (CELERY Seed, Turmeric, Mace, Nutmeg, White Pepper), Parsley), Lemon Juice Concentrate, Cornflour, Salt, Black Pepper

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Manufacturer's Name and Address	Potts Partnership Ltd, Potts Partnership, Avebury Offices 1A & 3, Marlborough, Wiltshire, United Kingdom, SN8 2BG
Instructions for use	Heat thoroughly, stir into meat or vegetables

Nutrition Labelling: Typical value	
Energy (kj/kcal)	315 / 74
Fat	4.5
Of which saturated	0.7
Carbohydrate	7.2
Of which sugars	3.6
Fibre	
Protein	1.5
Salt	0.8

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Shaws Devilish Tomato & Chilli Relish 300g
Ingredients	Sugar, Tomatoes (23%), Water, Tomato Paste (7%), Spirit Vinegar, Modified Maize Starch, Sultanas, Dried Onion, Garlic, Salt, Rapeseed Oil, Jalapeno Peppers (0.7%), ground Ginger, Ground Chipotles (0.1%), Colour: Ammonia Caramel, Chilli Powder, stabiliser: Xanthan Gum, Smoked Paprika.

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	UK
Storage Instructions	Once opened keep refrigerated and consume within 4 weeks.
Manufacturer's Name and Address	Shaws (Huddersfield) Ltd, Office Centre, shaw park, Silver St, Moldgreen, Huddersfield, West Yorkshire, UK, HD5 9AF
Instructions for use	Consume. No further heating required.

Nutrition Labelling: Typical value	
Energy (kj/kcal)	761 / 180
Fat	1
Of which saturated	0.1
Carbohydrate	41.1
Of which sugars	37.2
Fibre	0.9
Protein	1
Salt	1.01

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	The Kindness Bakery Mature Cheddar Cheese Oatcake Bites 175g
Ingredients	Oatmeal (OATS) 50%, WHEAT Flour, (WHEAT flour, WHEAT GLUTEN , Calcium Carbonate, Iron, Niacin, Thiamin). Cheddar Cheese 13% (MILK). Rapeseed Oil, Sugar, Salt, Raising Agents: Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate.

For allergens, see ingredients in bold or CAPS	
May contain statements	Eggs Soybeans
Country of Origin	100g
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.
Manufacturer's Name and Address	Kindness Bakers Ltd, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, AB53 6SY
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1938 / 465
Fat	23.7
Of which saturated	5.1
Carbohydrate	50.4
Of which sugars	3.6
Fibre	5.4
Protein	12.7
Salt	2.1

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/ceciac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



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John Lewis Stock Number	
Name	Market Town Bakery Strawberry Preserve 227g
Ingredients	Sugar, Strawberries, Gelling Agent: Pectin; Acidity Regulator: Citric Acid. Prepared with 45g Fruit per 100g Total sugar 62g per 100g

For allergens, see ingredients in bold or CAPS	
May contain statements	
Country of Origin	GBR United Kingdom GBR
Storage Instructions	Store in a cool dry palce, once opened store in a refrigerator and consume within one month
Manufacturer's Name and Address	MHT Foods Ltd, Unit A, Riverside End, Riverside, Market Harborough, Leicestershire, GBR United Kingdom GBR, LE16 7PU
Instructions for use	N/A

Nutrition Labelling: Typical value	
Energy (kj/kcal)	1014 / 253
Fat	0.0
Of which saturated	0.0
Carbohydrate	63
Of which sugars	62
Fibre	
Protein	0.3
Salt	0.02

Alcoholic Strength	0.0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/coeliac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes