| Food Products<br>Product, Ingredient, and Allergen Information | | | |
|---|---|---|---|
| Date of last review: | January 2024 | Version No.: | V2 |

| | |
|---|---|
| John Lewis Stock Number | 85301835 |
| Product Name | CHICKEN RUB |
| Legal Name | EUROPE, CHICKEN RUB |
| Ingredients | INGREDIENTS: Sugar, Salt, Black pepper, Paprika, Garlic granules, Onion Granules, Chilli Powder, Orange Juice Powder, Lemon Peel Powder, Celery Salt (**CELERY**), Natural Flavouring, Silicon Dioxide. |
| For allergens, see ingredients in bold | |
| May contain statements | |
| Net Quantity | 200 G |
| Country of Origin | UK MANUFACTURE |
| Protected Names (if applicable) | |
| Storage Instructions | STORE IN COOL DRY AMBIENT CONDITIONS |
| Manufacturer's Name and Address | Angus&oink, Aberdeen |
| Instructions For Use | USE AT APPROX 4% PER KG OF PROTEIN OR VEG |
| Product Shelf Life | 36 months |
| Health Claims<br>Please ensure that the health claim is approved for use in the UK. | There are no specific health claims. |
| Nutrition Claims<br>Please ensure that the nutrition claim is approved for use in the UK | There are no specific nutrition claims. |
| Organic<br>Please provide the organic body name and number and required agricultural statement of origin | There are no specific organic claims. |

| Nutrition Labelling: Typical value | |
|---|---|
| Energy (kJ/kcal) | 230kcal /973kJ |
| Fat | 1.4g |
| Of which saturated | 0.3g |
| Carbohydrate | 47.7g |
| Of which sugars | 43.5g |
| Fibre | |
| Protein | 2.5g |
| Salt | 32g |
| Additional Information for the Nutrition Labelling Table (e.g. vitamins and minerals).<br>You can manually add the table or use a snip from the artwork. Please see the below picture as an example. | |

**Nutrition Information**

| Ingredients | Quantity per 1 Capsule | NRV* |
|---|---|---|
| Omega-3 | 300 mg | |
| Of which EPA | 160 mg | |
| Of which DHA | 100 mg | |
| Ingredients | Quantity per 1 Tablet | NRV* |
| Vitamin D | 25 µg | 500 |
| Vitamin C | 90 mg | 113 |
| Vitamin B1 | 18 mg | 1636 |
| Vitamin B2 | 25 mg | 1786 |
| Vitamin B6 | 9 mg | 643 |
| Vitamin B12 | 25 µg | 1000 |
| Calcium | 130 mg | 16 |
| Zinc | 10 mg | 100 |

*NRV = Nutrient Reference Value

**NUTRITIONAL FACTS** NÄRINGSFAKTA/NÄHRWERTANGABEN/RAVINTOTEKIJÄT/FAITS NUTRITIONNELS

Serving Size - 5g

| Information per 100g | Per 100g | % Daily Value |
|---|---|---|
| Energy<br>Énergie/Energie/Energiaa/Energi | 230kcal(973kJ) | 12% |
| Total Fat<br>Gesamtfett/Kokonaisrasva/Graisse Totale /Totalt Fett | 1.4g | 2% |
| Saturated Fat<br>Gesättigte Fettsäuren/Tyydyttynyt rasva/ Gras Saturé/Mättat fett | 0.3g | 1% |
| Total Carbohydrate<br>Gesamte kohlenhydrate/Hiilihydraatin kokonaismäärä/Glucides totaux/Totalt kolhydrater | 47.7g | 18% |
| Total Sugars<br>Gesamtzucker/Sokerit yhteensä/Sucres totaux/Totalt socker | 43.5g | 48% |
| Protein<br>Eiweiß/Proteiini/Protéine/Protein | 2.5g | 5% |
| Salt<br>Salz/Suola/Sel/Salt | 32g | 533% |

*Percentage Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

| | |
|---|---|
| Alcoholic Strength | NO |
| Suitable for vegetarians | YES |
| Suitable for vegans | YES |
| Suitable for nut allergy sufferers | YES |
| Suitable for gluten allergy sufferers | YES |
| Suitable to wheat allergy sufferers | YES |
| Suitable for egg allergy sufferers | YES |
| Suitable for dairy allergy sufferers | YES |
| Suitable for soya allergy sufferers | YES |
| Free from alcohol | YES |
| Free from artificial flavours | YES |
| Free from artificial colours | YES |
| If required, have you included the following statement on pack: "food supplements should not be used as a substitute for a varied diet." | |
| If required, please specify the dosage of the supplement | |