

Food Products Product, Ingredient, and Allergen Information			
Date of last review:	January 2024	Version No.:	V2

John Lewis Stock Number	85301833
Product Name	PORK & POULTRY RUB
Legal Name	EUROPE, PORK & POULTRY RUB
Ingredients	Sugar, Salt, Paprika, Onion Granules, Black pepper, Pineapple powder, Garlic Granules, Thyme Powder, Natural Flavouring, Silicon Dioxide.
For allergens, see ingredients in bold	
May contain statements	
Net Quantity	200 G
Country of Origin	UK MANUFACTURE
Protected Names (if applicable)	
Storage Instructions	STORE IN COOL DRY AMBIENT CONDITIONS
Manufacturer's Name and Address	Angus&oink, Aberdeen
Instructions For Use	USE AT APPROX 4% PER KG OF PROTEIN OR VEG
Product Shelf Life	36 months
Health Claims Please ensure that the health claim is approved for use in the UK.	There are no specific health claims.
Nutrition Claims Please ensure that the nutrition claim is approved for use in the UK	There are no specific nutrition claims.
Organic Please provide the organic body name and number and required agricultural statement of origin	There are no specific organic claims.

Nutrition Labelling: Typical value

Energy (kJ/kcal)	331kcal /1398kJ
Fat	3.1g
Of which saturated	0.5g
Carbohydrate	66.7g
Of which sugars	61.7g
Fibre	
Protein	4.4g
Salt	9.92g

Additional Information for the Nutrition Labelling Table (e.g. vitamins and minerals).

You can manually add the table or use a snip from the artwork. Please see the below picture as an example.

Nutrition Information

Ingredients	Quantity per 1 Capsule	NRV*
Omega-3	300 mg	
Of which EPA	160 mg	
Of which DHA	100 mg	
Ingredients	Quantity per 1 Tablet	NRV*
Vitamin D	25 µg	500
Vitamin C	90 mg	113
Vitamin B1	18 mg	1636
Vitamin B2	25 mg	1786
Vitamin B6	9 mg	643
Vitamin B12	25 µg	1000
Calcium	130 mg	16
Zinc	10 mg	100

*NRV = Nutrient Reference Value

NUTRITIONAL FACTS

NÄRINGSFAKTA/NÄHRWERTANGABEN/
RAVINTOTEKIJÄT/FAITS NUTRITIONNELS

Serving Size - 5g
Information per 100g

	Per 100g	% Daily Value
Energy Energie/Energie/Energiaa/Energi	331kcal(1398kJ)	17%
Total Fat Gesamtfett/Kokonaisrasva/Graisse Totale /Totalt Fett	3.1g	4%
Saturated Fat Gesättigte Fettsäuren/Tyydyttynyt rasva/ Gras Saturé/Mättat fett	0.5g	3%
Total Carbohydrate Gesamte kohlenhydrate/Hiilihydraatin kokonaismäärä/Glucides totaux/Totalt kolhydrater	66.7g	26%
Total Sugars Gesamtzucker/Sokerit yhteensä/Sucres totaux/Totalt socker	61.7g	69%
Protein Eiweiß/Proteiini/Protéine/Protein	4.4g	9%
Salt Salt/Suola/Sel/Salt	10g	165%

*Percentage Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Alcoholic Strength	NO
Suitable for vegetarians	YES
Suitable for vegans	YES
Suitable for nut allergy sufferers	YES
Suitable for gluten allergy sufferers	YES
Suitable to wheat allergy sufferers	YES
Suitable for egg allergy sufferers	YES
Suitable for dairy allergy sufferers	YES
Suitable for soya allergy sufferers	YES
Free from alcohol	YES
Free from artificial flavours	YES
Free from artificial colours	YES
If required, have you included the following statement on pack: "food supplements should not be used as a substitute for a varied diet."	
If required, please specify the dosage of the supplement	