



### Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis PLC Stock Number	77010202
Name	Sweetland Baklava 500g Tin
Ingredients	<b>Walnuts (Tree Nuts)</b> , Sugar, <b>Butter Ghee (Milk)</b> , <b>Pistachio (Tree Nuts)</b> , <b>Walnuts (Tree Nuts)</b> , <b>Almonds (Tree Nuts)</b> , <b>Cashew (Tree Nuts)</b> , <b>Wheat Flour (Cereals containing gluten)</b> , Maize Starch, Vegetable Ghee, Rose Water, Sunflower Oil, Salt, Maize Starch, Citric Acid E330
For allergens, see ingredients <b>bold</b>	
May contain statements	
Net Quantity	
Manufacturer's name and address	Unit 1 The Royal London Industrial Estate 29-35 North Acton Rd
Instructions for use	
<b>Nutrition Labelling: Typical value</b>	1979
Energy	475 kCal
Fat	31.00g
Of which saturated	13.00g
Carbohydrate	44.00g
Of which sugars	16.00g
Fibre	1.60g
Protein	5.00g
Salt	0.16g
Alcoholic Strength	-
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes