



## Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis PLC Stock Number	77028602
Name	Rheal Berry Beauty
Ingredients	Organic: Chia Seeds, Acai Berry, Acerola, Blueberry, Cranberry, Strawberry, Maca Root Powder
For allergens, see ingredients <b>bold</b>	
May contain statements	
Net Quantity	
Manufacturer's name and address	Rheal Superfoods Ltd Unit TB29 Turbine Way Turbine Business Park Sunderland SR5 3NZ
Instructions for use	
<b>Nutrition Labelling: Typical value</b>	100g
Energy	358 kCal
Fat	17.00g
Of which saturated	3.20g
Carbohydrate	61.30g
Of which sugars	19.70g
Fibre	41.30g
Protein	10.70g
Salt	0.02g
Alcoholic Strength	-
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes