



Ingredients and Allergy Information

Date of last review:	19/03/2019	Version No.:	V2
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John Lewis Stock Number	77060711
Name	PLOUGHMANS BOX
Ingredients	<p>Beer & Black Peppercorn Mustard 90g Ingredients: White Wine Vinegar, Water, <u>Yellow Mustard Seeds</u> (22%), <u>Brown Mustard Seeds</u> (7.5%), <u>Beer (Barley)</u>, Cracked Black Peppercorns, Honey, Ground Black Pepper, Salt. Allergens are underlined. Made in the UK</p> <p>Red Pepper & Garlic Chutney 90g Ingredients: Red Peppers (25%), Onion, Spiced Malt Vinegar (Malt vinegar (<u>Barley</u>, Malt Extract <u>Barley</u>), Spices), Apple (contains Preservative: Sodium <u>Metabisulphite</u>), Brown Sugar, Sultanas (contains Sunflower Oil), Sugar, Water, Thickener: Modified Maize Starch; Garlic Puree (0.6%), Salt, Garlic Powder, Ground Nutmeg, Ground Cloves, Ground Cinnamon, Black Pepper. For Allergens, including cereals containing gluten, see ingredients underlined. Made in the UK</p> <p>Farmhouse Pate 180g Ingredients: Pork Meat (41%), Pork Liver (30%), Pork Fat (25%), Salt, Spices, Nutmeg, Pepper. Made in France.</p> <p>Spicy Tomato Chutney 100g Ingredients: Tomatoes (55%), Onions, Brown Sugar, Malt Vinegar (from <u>Barley</u>), Modified Maize Starch, Red Chillies, <u>Mustard</u> Flour, Salt, Curry Powder. Allergens are underlined. Made in the UK</p> <p>Rosemary Biscuits for Cheese & Pate 150g Ingredients: <u>Wheat</u> Flour, Water, Margarine (palm and rapeseed oil, salt 2%, emulsifier, colourings, flavourings), Shortening (palm and rapeseed oil), Sugar, Sea Salt, Skylark (raising agent E450, <u>wheat</u> flour, salt), Ammonium, Sodium, Rosemary (1%). Allergens are underlined. Made in Scotland.</p>
For allergens, see ingredients underlined	
May contain statements	Please Note: These products are manufactured in premises that handle <u>Wheat</u> , <u>Barley</u> , <u>Gluten</u> , <u>Nuts</u> , <u>Celery</u> , <u>Egg</u> , <u>Milk</u> , <u>Mustard</u> , <u>Soya</u> , <u>Crustacean</u> and sulphur dioxide/Sulphites

Net Quantity	610g				
Country of Origin	UK & France				
Storage Instructions	N/A				
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD				
Instructions for use	N/A				
Nutrition Labelling: Typical value	Farmhouse Pate Spicy Tom Ch Red P & G Ch Rosemary B Peppercorn Must				
Energy (kJ/kcal)	1525kJ/369kcal 472kJ/111kcal 404kJ/101kcal 4891kJ/452kcal 759kJ/187kcal				
Fat	35g	0.4g	0.5g	20.0g	11g
Of which saturated	14g	0g	0.1g	12.0g	0.6g
Carbohydrate	0.6g	25.7g	23g	59.0g	13g
Of which sugars	0.6g	22.5g	20g	35.0g	4.4g
Fibre	n/a	n/a	n/a	6.2g	n/a
Protein	13g	1.3g	0.9g	5.2g	7.9g
Salt	1.5g	1g	0.07g	0.77g	0.02g
Alcoholic Strength	N/A				
Suitable for vegetarians	N				
Suitable for vegans	N				
Suitable for nut allergy sufferers	N as may contain traces of nuts				
Suitable for gluten allergy sufferers	N				
Suitable to wheat allergy sufferers	N				
Suitable for egg allergy sufferers	Y				
Suitable for dairy allergy sufferers	Y				
Suitable for soya allergy sufferers	Y				
Free from alcohol	N				
Free from artificial flavours	Y				
Free from artificial colours	Y				