Waitrose Stock Number	54600102
Name	Waitrose & Partners Cooks Ingredients Basket
Contents	Waitrose Cooks Ingredients Deep South Cajun Rub 40g Waitrose Cooks Ingredients Gunpowder Spice Blend 60g Waitrose Cooks Ingredients Truffle Salt 50g Waitrose Cooks Ingredients Rosemary & Thyme Oil 250ml Waitrose Cooks Ingredients Cacio e Pepe Paste 90g Waitrose Cooks Ingredients Chilli & Garlic Sauce 200g Waitrose Cooks Ingredients Harissa Paste 95g Waitrose Cooks Ingredients Pad Thai Paste 200g Waitrose Cooks Ingredients Red Thai Curry Paste 190g Waitrose Cooks Ingredients Teriyaki Sauce 150ml
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Υ
Free from artificial flavours	N
Free from artificial colours	Υ

Refer to following sheets for individual product information.

DISCLAIMER

Please note that whilst we take every care to ensure the product information displayed on our website is correct, product recipes are regularly changed and this may affect nutrition and allergen information therefore you should always check product labels and not rely solely on the information present here.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication. If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption. If you have any doubts whatsoever as to whether the content may potentially be harmful to your health, please refrain from consuming.

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	WR CI Cajun Rub
Ingredients	Paprika, ground fennel seed, basil, salt, chilli powder, cumin, black pepper, garlic granules, onion, celery seeds, oregano
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	40g
Country of Origin	Packed in the UK
Storage Instructions	Store closed in a cool dry place away from heat source and direct sunlight.
Manufacturer's name and address	The Bart Ingredients Company Ltd, Goldcrest Way, Severn Beach, Bristol, BS35 4GH.
Instructions for use	
Nutrition Labelling: Typical value as sold	Per 100g
energy	1059kj/255kcal
fat	6.5g
of which saturates	1.1g
carbohydrate	21.1g
of which sugars	4.6g
protein	13.7g
salt	16.73g
Alcoholic Strength	N/A
Suitable for vegetarians	Υ
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y





Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Υ
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	Gunpowder Spice Blend	
Ingredients	Kashmiri chilli (28%), gram flour (17%), turmeric powder (13%), sea salt, garlic granules, mustard seeds, roasted cumin seeds, roasted coriander seeds, asafoetida (gum arabic, rice flour, asafoetida, turmeric), black onion seeds, curry leaves, ground cumin, flavouring.	
For allergens, see ingredients in bold		
May contain statements	None	
Net Quantity	60g	
Country of Origin	Made in the UK with materials of more than one country of origin.	
Storage Instructions	Store in a cool dry place	
Manufacturer's name and address	British Pepper & Spice Rhosili Road Brackmills Industrial Estate Northampton NN4 7AN	
Instructions for use	HINTS & TIPS: Mix with oil and rub over a spatchcock chicken, whole cauliflower or simply sprinkle on skin on potato wedges before roasting, for a fiery hit.	
Nutrition Labelling: Typical value	Per 100g	
energy	1334/320 kJ/kcal	
fat	10.9g	
of which saturates	1.5g	
carbohydrate	28.3g	
of which sugars	2.7g	
protein	15.4g	
salt	10.4g	



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Alcoholic Strength	N/A
Suitable for vegetarians	Υ
Suitable for vegans	Υ
Suitable for nut allergy sufferers	Y (By risk assessment)
Suitable for gluten allergy sufferers	Y (By risk assessment)
Suitable to wheat allergy sufferers	Y (By risk assessment)
Suitable for egg allergy sufferers	Y (By risk assessment)
Suitable for dairy allergy sufferers	Y (By risk assessment)
Suitable for soya allergy sufferers	Y (By risk assessment)
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	Cacio E Pepe
Nume	·
Ingredients	Pecorino Romano PDO cheese (ewe's milk) (35%), unsalted butter (milk), water, buttermilk , olive oil, ground black pepper (1.5%), salt, milk proteins, acidity regulator (lactic acid), flavouring.
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	90g
Country of Origin	Italy
Storage Instructions	Store in a cool dry place. Once opened, keep refrigerated and consume within 2 weeks.
Manufacturer's name and address	F.lli Sacla, Piazza Amendola 2, 14000, Asti, Italy
Instructions for use	Stir through cooked, drained pasta along with some of the pasta water, to a smooth creamy consistency.
Nutrition Labelling: Typical value	Per 100g
energy	1792 kJ/ 433 kcal
fat	39.8g
of which saturates	22.8g
carbohydrate	7.6g
of which sugars	3g
protein	10.7g
salt	3.08g
Alcoholic Strength	N/A
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N





Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	Υ
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	Harissa Paste	
Ingredients	Puréed roasted red pepper (52%), water, smoked paprika (3%), onion purée, roasted garlic purée, sugar, balsamic vinegar, tomato paste, rapeseed oil, concentrated lemon juice, salt, dried rose petals (0.5%), ground coriander, ground cumin, colour (paprika extract), dried mint, ground caraway, ground pepper, dried chillies.	
For allergens, see ingredients in bold		
May contain statements	None	
Net Quantity	95g	
Country of Origin	Made in the UK with materials of more than one country of origin	
Storage Instructions	Store in a cool dry place. Once opened keep refrigerated and consume within 8 weeks and by date shown.	
Manufacturer's name and address	British Pepper & Spice Reliant Close Chandler's Ford Eastleigh SO53 4ND	
Instructions for use	N/A- not on pack	
Nutrition Labelling: Typical value	Per 100g	
energy	365/88 kJ/kcal	
fat	4.1g	
of which saturates	0.4g	
carbohydrate	8.7g	
of which sugars	7.3g	
protein	1.7g	



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salt	1.59g
Alcoholic Strength	N/A
Suitable for vegetarians	Υ
Suitable for vegans	Υ
Suitable for nut allergy sufferers	Y (By risk assessment)
Suitable for gluten allergy sufferers	Y (By risk assessment)
Suitable to wheat allergy sufferers	Y (By risk assessment)
Suitable for egg allergy sufferers	Y (By risk assessment)
Suitable for dairy allergy sufferers	Y (By risk assessment)
Suitable for soya allergy sufferers	Y (By risk assessment)
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	Pad Thai Paste	
Ingredients	sugar, water, radish, rice bran oil, shallot, garlic, tamarind, salt, modified tapioca starch, coconut sugar, fish sauce (anchovy extract (fish), salt), red chilli, galangal, lemongrass, makrut lime leaf, shrimp paste (shrimp (crustacean), salt), sunflower oil, acidity regulator (citric acid), colour (paprika extract).	
For allergens, see ingredients in bold		
May contain statements	May contain sesame	
Net Quantity	200g	
Country of Origin	Thailand	
Storage Instructions	Store in a cool dry place. Once opened, keep refrigerated below 4°C, consume within 4 weeks.	
Manufacturer's name and address	Via World Wise Foods (Agent) Manufacturer name: Food & Drinks Public Co. Ltd 695/1 Banbung-Bankai Rd Chonburi, 20220 Thailand	
Instructions for use	Scan QR code for inspiration	
Nutrition Labelling: Typical value	Per <mark>100g</mark> / 100ml	
energy	1042 kj/ 248 kcal	
fat	10.8 g/ml	
of which saturates	2.5 g/ml	
carbohydrate	36.4 g/ml	
of which sugars	33.1 g/ml	
protein	1.0 g/ml	
salt	2.91 g/ml	
Alcoholic Strength	N/A	
Suitable for vegetarians	Y/ <mark>N</mark>	





Suitable for vegans	Y/ <mark>N</mark>
Suitable for nut allergy sufferers	Y/N
Suitable for gluten allergy sufferers	Y/N
Suitable to wheat allergy sufferers	<mark>Y</mark> /N
Suitable for egg allergy sufferers	Y/N
Suitable for dairy allergy sufferers	Y/N
Suitable for soya allergy sufferers	Y/N
Free from alcohol	Y/N
Free from artificial flavours	<mark>Y</mark> /N
Free from artificial colours	Y/N

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

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Name	Red Thai Curry Paste	
Ingredients	water, lemongrass (22%), galangal (11%), onion, garlic (7%), rice bran oil, dried red chilli (4%), sugar, red chilli (3%), shrimp paste (2%) (shrimp (crustacean), salt), salt, makrut lime peel, coriander powder, makrut lime leaf, modified tapioca starch, acidity regulator (citric acid).	
For allergens, see ingredients in bold		
May contain statements	May contain sesame	
Net Quantity	190g	
Country of Origin	Thailand	
Storage Instructions	Store in a cool dry place. Once opened, keep refrigerated below 5°C, consume within 4 weeks.	
	Via World Wise Foods (Agent)	
Manufacturer's name and address	Manufacturer name: Food & Drinks Public Co. Ltd 695/1 Banbung-Bankai Rd Chonburi, 20220 Thailand	
Instructions for use	Scan QR code for inspiration	
Nutrition Labelling: Typical value	Per <mark>100g</mark> / 100ml	
energy	418 kj/ 101 kcal	
fat	5.6 g/ml	
of which saturates	0.7 g/ml	
carbohydrate	8.4 g/ml	
of which sugars	5.8 g/ml	
protein	1.7 g/ml	
salt	2.27 g/ml	
Alcoholic Strength	N/A	
Suitable for vegetarians	Y/ <mark>N</mark>	
Suitable for vegans	Y/ <mark>N</mark>	



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Suitable for nut allergy sufferers	Y/N
Suitable for gluten allergy sufferers	Y/N
Suitable to wheat allergy sufferers	Y/N
Suitable for egg allergy sufferers	Y/N
Suitable for dairy allergy sufferers	<mark>Y/</mark> N
Suitable for soya allergy sufferers	Y/N
Free from alcohol	<mark>Y/</mark> N
Free from artificial flavours	Y/N
Free from artificial colours	<mark>Y</mark> /N

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	Waitrose Teriyaki Sauce 150ml	
Ingredients	water, sugar, soya sauce extract (17%) (water, soya beans, wheat , salt), Mirin-fu (7%) (tapioca glucose-fructose syrup, rice vinegar, flavour enhancer (glycine), acidity regulator (citric acid)), colour (plain caramel), salt, stabiliser (guar gum), acidity regulator (lactic acid), preservative (potassium sorbate).	
For allergens, see ingredients in bold		
May contain statements	May contain peanuts and sesame	
Net Quantity	150ml	
Country of Origin	Malaysia	
Storage Instructions	Store in a cool dry place. Once opened, keep refrigerated below 4°C and consume within 4 weeks	
Manufacturer's name and address	Via World Wise Foods (Agent) Manufacture name: Delisauce World Foods Sdn. Bhd. PLO 105, Jalan Cyber 5, Kawasan Perindustrian Senai III, 81400 Senai, Johor, Malaysia	
Instructions for use	For stir fries and marinades	
Nutrition Labelling: Typical value	Per 100g / <mark>100ml</mark>	
energy	929/219 kj/kcal	
fat	0.5 g/ml	
of which saturates	0.1 g/ml	
carbohydrate	51.2 g/ml	
of which sugars	48.7 g/ml	
protein	2.2 g/ml	
salt	3.93 g/ml	
Alcoholic Strength	n/a	



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Suitable for vegetarians	Y/N
Suitable for vegans	Y/N
Suitable for nut allergy sufferers	Y/N Not suitable for those with a peanut allergy as per the alibi labelling on the BOP, may contain peanuts (possible cross contamination)
Suitable for gluten allergy sufferers	Y/ <mark>N</mark>
Suitable to wheat allergy sufferers	Y <mark>/N</mark>
Suitable for egg allergy sufferers	Y/N
Suitable for dairy allergy sufferers	Y/N
Suitable for soya allergy sufferers	Y/ <mark>N</mark>
Free from alcohol	<mark>Y</mark> /N
Free from artificial flavours	Y/ <mark>N</mark>
Free from artificial colours	Y/N

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Ingredients and Allergy Information	
Date of last review:	 Version No.:V2

	1	
Name	Chili and garlic sauce	
Ingredients	water, sugar, dried red chilli (10%), rice bran oil, soya bean oil, shallot, garlic (6%), fried garlic (5%) (garlic, rice bran oil), spirit vinegar, anchovy extract (fish), salt, modified tapioca starch, acidity regulator (malic acid), sunflower oil, colour (paprika extract).	
For allergens, see ingredients in bold		
May contain statements	May contain sesame	
Net Quantity	200g	
Country of Origin	Thailand	
Storage Instructions	Store in a cool dry place Once opened, keep refigerated below 4°C, consume within 4 weeks, do not exceed best before end date	
Manufacturer's name and address	Via World Wise Foods (Agent) Manufacturer name: Food & Drinks Public Co. Ltd 695/1 Banbung-Bankai Rd Chonburi, 20220 Thailand	
Instructions for use	Scan QR code for inspiration	
Nutrition Labelling: Typical value	Per <mark>100g</mark> / 100ml	
energy	1083kj/ 260kcal	
fat	13.8 g/ml	
of which saturates	2.9 g/ml	
carbohydrate	29.0 g/ml	
of which sugars	24.0 g/ml	
protein	2.5 g/ml	
salt	2.42 g/ml	
Alcoholic Strength	N/A	
Suitable for vegetarians	Y/ <mark>N</mark>	





Suitable for vegans	Y/ <mark>N</mark>
Suitable for nut allergy sufferers	<mark>Y/</mark> N
Suitable for gluten allergy sufferers	Y/N
Suitable to wheat allergy sufferers	Y/N
Suitable for egg allergy sufferers	<mark>Y</mark> /N
Suitable for dairy allergy sufferers	<mark>Y/</mark> N
Suitable for soya allergy sufferers	Y/N
Free from alcohol	<mark>Y/</mark> N
Free from artificial flavours	Y/N
Free from artificial colours	<mark>Y</mark> /N

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	WR CI Truffle Salt	
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Ingredients	Sea salt, salt, truffle powder (2.0%), flavouring	
For allergens, see ingredients in bold		
May contain statements	N/A	
Net Quantity	50g	
Country of Origin	Packed in the UK	
Storage Instructions	Store closed in a cool dry place away from heat source and direct sunlight.	
Manufacturer's name and address	The Bart Ingredients Company Ltd, Goldcrest Way, Severn Beach, Bristol, BS35 4GH.	
Instructions for use		
Nutrition Labelling: Typical value as sold	Per 100g	
energy	151kj/36kcal	
fat	1.7g	
of which saturates	0.1g	
carbohydrate	4.8g	
of which sugars	0.0g	
protein	<0.5g	
salt	89.68g	
Alcoholic Strength	N/A	
Suitable for vegetarians	Y	
Suitable for vegans	Y	
Suitable for nut allergy sufferers	Y	





Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Υ
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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Ingredients and Allergy Information	
Date of last review:	Version No.:V2

Name	CI Rapeseed Rosemary Garlic and Thyme Oil
Ingredients	Rapeseed oil, Rosemary, Garlic, Thyme
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	250ml
Country of Origin	Argentina, Australia, Austria, Belgium, Bulgaria, China, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Israel, Italy, Kenya, Latvia, Lithuania, Luxembourg, Malta, Mexico, Morocco, Netherlands, Poland, Portugal, Republic of Ireland, Romania, Slovakia, Slovenia, Spain, Sweden, Turkey, United Kingdom
Storage Instructions	Store closed in a cool dry place away from heat source and direct sunlight. Do not refrigerate.
Manufacturer's name and address	Princes Ltd/Edible Oils Ltd, Crabtree Manorway South, Belvedere, Kent DA17 6AB
Instructions for use	It adds flavour and aroma to roasted vegetables and meats and is perfect for creating crispy roast potatoes with a twist.
Nutrition Labelling: Typical value	Per 100ml
energy	3393kJ/825kcal
fat	91.7g
of which saturates	7.6g
carbohydrate	0.0g
of which sugars	0.0g
protein	0.0g
salt	0.0g
Alcoholic Strength	N/A
Suitable for vegetarians	Y



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Suitable for vegans	Υ
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Υ
Free from alcohol	Υ
Free from artificial flavours	Υ
Free from artificial colours	Υ

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