John Lewis Stock Number	54630913
Name	For Him
Contents	Burts British Hand Cooked Potato Chips Sea Salt 150g Glastonbury Real Ale Lady of the Lake Ale 500ml Glastonbury Craft ZEN Botanical Infusion Beer 500ml Glastonbury Cider from the Land Magog 500ml Mr Filbert's Salted Caramel Mix 75g Olives Et Al Lap Snacks Chilli Puffs 150g Epicure Cheese Spirals 75g
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	Υ
Free from artificial colours	Υ

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.

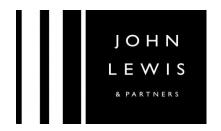


Free from artificial colours

Yes

Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Burts British Hand Cooked Potato Chips Sea Salt 150g
Ingredients	Potatoes, Sunflower Oil, Sea Salt.
For allergens, see ingredients	in bold or CAPS
May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Manufacturer's Name and Ado	Burts Snacks Ltd, The Klamp House, Belliver Way, Roborough, Plymouth, Devon, England, PL6 7BP
Instructions for use	Ready to Eat
Nutrition Labelling: Typical va	ue
Energy (kj/kcal)	2169 / 519
Fat	28.8
Of which saturated	2.4
Carbohydrate	58.6
Of which sugars	0.2
Fibre	2.5
Protein	5.1
Salt	1.2
Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for nut allergy suffere	ers Yes
Suitable for gluten allergy suff	erers Yes
Suitable for wheat allergy suff	erers Yes
Suitable for egg allergy suffere	ers Yes
Suitable for dairy allergy suffe	rers Yes
Suitable for soya allergy suffer	rers Yes
Free from alcohol	Yes
Free from artificial flavours	Yes



Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number		
Name	Glastor	nbury Real Ale Lady of the Lake Ale 500ml
Ingredients	GLUTEN, malted BARLEY and WHEAT, natural hops, yeast and water	
For allergens, see ingredient	s in bold	or CAPS
May contain statements		
Country of Origin		United Kingdom
Storage Instructions		Store in a cool dry place away from direct sunlight
Manufacturer's Name and A	ddress	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY
Instructions for use		Drink

Alcoholic Strength	4.2
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Glastonbury Craft ZEN Botanical Infusion Beer 500ml
Ingredients	GLUTEN , malted BARLEY , natural hops, yeast and water. cardamon pods, coriander seeds, kaffir lyme leaves, juniper berries

For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin	United Kingdom	
Storage Instructions	Please store in a cool dry place below 16 degrees	
Manufacturer's Name and Address	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY	
Instructions for use	drink	

Alcoholic Strength	4.2
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/celiac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number			
Name	Glaston	bury Cider from the Land Magog 500ml	
Ingredients	Cider apples, water, sugar, carbon dioxide, malic acid, SULPHITES .		
For allergens, see ingredient	For allergens, see ingredients in bold or CAPS		
May contain statements			
Country of Origin		United Kingdom	
Storage Instructions		Store in a cool dry place out of direct sunlight	
Manufacturer's Name and A	ddress	Glastonbury Brewing Company Ltd, Park Corner Farm, Edgarley, Glastonbury, SOMERSET, United Kingdom, BA6 8JY	
Instructions for use		drink	

Alcoholic Strength	4.2
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	Yes
Suitable for gluten allergy sufferers/celiac	Yes
Suitable for wheat allergy sufferers	Yes
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	Yes
Free from alcohol	No
Free from artificial flavours	Yes
Free from artificial colours	Yes



Date of last review:	19/03/2019	Version No.:	V204/06/2020 09:31:00
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John Lewis Stock Number	
Name	Mr Filbert's Salted Caramel Mix 75g
Ingredients	Roasted Mixed NUTS 33%,(PEANUTS 57%, CASHEWS (NUTS) 24%, ALMONDS (NUTS) 16%) sea salt, rapeseed oil, dark chocolate raisins, 28%, (raisins42%, sugar, coca mass, coca butter. whey (MILK) palm oil, emulsifier, sunflower letchin, glazing agents, gum arabic, shellac); Yoghurt cover honeycomb 17%, (sugar, vegetable fat (palm SG), whey(MILK),rice flour, yoghurt powder, 3%, (MILK), emulsifier, sunflower, letchin, glazing agents, gum arabic, shellac,(centre 23%, sugar, glucose, sodium bicarbonate), honey roast PEANUTS, 12%,(PEANUTS 75%, sugar, sunflower oil, honey, 1.9%, salt glucose syrup, stabilizer gum) Salted Caramel Fudge 10%(sugar, glucose, sweetened condense MILK (MILK sugar) palm oil, butter oil (MILK), sea salt0.2%, flavouring salt) palm oil from RSP source.

For allergens, see ingredients in bold or CAPS		
May contain statements		
Country of Origin	UK	
Storage Instructions	Ambient	
Manufacturer's Name and Address	Filbert's Fine Foods., Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX	
Instructions for use	Snack	
Alcoholic Strength	0	
Suitable for vegetarians	Yes	
Suitable for vegans	No	
Suitable for nut allergy sufferers	No	
Suitable for gluten allergy sufferers	Yes	
Suitable for wheat allergy sufferers	Yes	
Suitable for egg allergy sufferers	Yes	
Suitable for dairy allergy sufferers	No	
Suitable for soya allergy sufferers	Yes	
Free from alcohol	Yes	
Free from artificial flavours	Yes	
Free from artificial colours	Yes	



Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Olives Et Al Lap Snacks Chilli Puffs 150g
Ingredients	Glutinous Rice (46%), Palm Oil (RSPO Certified)*, SOY Sauce (SOYABEANS , Water, Salt, WHEAT), Sugar, Fried Chilli (2.9%) (Sugar, Salt, Spices, (Garlic, Shallot, Chilli), Coconut Oil, Paprika Oleoresin, Maltodextrin), FISH Extract, Garlic & Shallots (Sugar, Salt, Spices (Garlic, Shallot), Coconut Oil), Chilli 0.4%, Paprika Extract.

For allergens, see ingredients in bold or CAPS		
May contain statements	Tree Nuts Peanuts Sesame	
Country of Origin	Thailand	
Storage Instructions	Keep cool, dry and away from direct sunlight. Once opened consume within 3 days	
Manufacturer's Name and Address	Olives Et Al, Unit 1, Sturminster Newton, Dorset, United Kingdom, DT10 2GA	
Instructions for use	n/a	

Nutrition Labelling: Typical value		
Energy (kj/kcal)	2006 / 480	
Fat	20.3	
Of which saturated	9.6	
Carbohydrate	68.8	
Of which sugars	13.5	
Fibre	0.6	
Protein	5.5	
Salt	2.8	

Alcoholic Strength	0
Suitable for vegetarians	No
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/celiac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes
Suitable for soya allergy sufferers	No
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes



Date of last review:	19/03/2019	Version No.:	V228/08/2019 08:47:00
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John Lewis Stock Number	
Name	Epicure Cheese Spirals 75g
Ingredients	WHEAT Flour, Butter (MILK) 28%. Gouda and Edam Cheese (MILK) 16%. Salt, Skimmed MILK Powder, Pepper, MUSTARD.

For allergens, see ingredients in bold or CAPS		
May contain statements Tree Nuts Peanuts Sesame Egg		
Country of Origin	United Kingdom	
Storage Instructions	Cool and Dry once opened put in an airtight container.	
Manufacturer's Name and Address	Petty Wood & Company Limited, Livingstone Road, Walworth Business Park, Andover, Hampshire, United Kingdom, SP10 5NS	
Instructions for use	N/A	

Nutrition Labelling: Typical value	
Energy (kj/kcal)	2348 / 563
Fat	37
Of which saturated	24
Carbohydrate	44
Of which sugars	2.5
Fibre	1.2
Protein	14
Salt	2.8

Alcoholic Strength	0
Suitable for vegetarians	Yes
Suitable for vegans	No
Suitable for nut allergy sufferers	No
Suitable for gluten allergy sufferers/celiac	No
Suitable for wheat allergy sufferers	No
Suitable for egg allergy sufferers	No
Suitable for dairy allergy sufferers	No
Suitable for soya allergy sufferers	Yes
Free from alcohol	Yes
Free from artificial flavours	Yes
Free from artificial colours	Yes