

## Ingredients and Allergy Information

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| Date of last review: | 13/06/2023 | Version No.: | V2 |
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| John Lewis Stock Number | 78490702                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Name                    | Popcorn Christmas Stocking (316g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Ingredients             | <ul style="list-style-type: none"> <li>• Black Forest Gateau 30-Corn, Sugar, Butter (<b>Milk</b>), Cookies (17%) {Flour (60%) (<b>Wheat</b> Flour (13%), Calcium, Iron, Niacin, Thiamin), Sugar, Wholemeal (<b>Wheat</b>) Flour (13%), Vegetable Oil, Glucose- Fructose Syrup, Raising Agents (Sodium Bicarbonate, Malic Acid), Emulsifier (E472e), Salt, Corn Syrup, Double Cream (<b>Milk</b>), Cocoa Powder, Vanilla Pod Powder, Natural Cherry Flavour (Natural Cherry Flavour, Inverted Sugar Syrup, Glycerine), Cherry Puree (Cherry 90%, Sugar), Salt</li> <li>• Brandy Butter 32g-Corn, Sugar, Butter (<b>Milk</b>) (29%), Corn Syrup, Spanish Brandy (5%)</li> <li>• Mint Chocolate 32g-Corn, Sugar, Butter (<b>Milk</b>), Chocolate (25%) {Sugar, Whole <b>Milk</b> Powder, Cocoa Mass (31%), Cocoa Butter (14%), <b>Soya</b> Lecithin, Natural Vanilla}, Corn Syrup, Mint Extract Powder {Peppermint Extract, Glucose Syrup, Peppermint Oil}, Peppermint Oil</li> <li>• Caramel &amp; Almond 32g-Corn, Sugar, Butter (<b>Milk</b>), Almonds (<b>Nuts</b>) (20%), Corn Syrup, Almond Extract (<b>Nuts</b>)</li> <li>• Gingerbread 32g-Corn, Sugar, Butter (<b>Milk</b>), Corn Syrup, Stem Ginger (6%), Ginger Powder, Cinnamon</li> <li>• Mince Pie 32g-Corn, Mixed Dried Fruit {Raisins, Currants, Sultanas, Vegetable Oil}, Sugar, Butter (<b>Milk</b>), Corn Syrup, Brandy (5%), Almonds (<b>Nuts</b>), Mixed Peel {Orange and Lemon Peel, Glucose, Citric Acid}, Cinnamon, Mixed Spices {Coriander, Cinnamon, Clove, Ginger, Nutmeg}</li> <li>• Orange Chocolate 32g-Corn, Sugar, Butter (<b>Milk</b>), Chocolate (12%) {Sugar, Whole <b>Milk</b> Powder, Cocoa Butter (20%), Cocoa Mass (17%), <b>Soya</b> Lecithin, Natural Vanilla}, Orange Peel</li> </ul> |

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|                                               | <p>(12%) {Orange, Sugar, Glucose Syrup}, Corn Syrup, Orange Oil</p> <ul style="list-style-type: none"> <li>• Salted Caramel 30g-Corn, Sugar, Butter (<b>Milk</b>) , Corn Syrup, Sea Salt</li> <li>• Toffee Apple &amp; Cinnamon 32g-Corn, Sugar, Butter (<b>Milk</b>) , Corn Syrup, Apple Fruit Pieces (4%) {Concentrated Apple Puree, Concentrated Lemon Juice, Fructose, Glucose Syrup, Gelling Agent Pectin}, Cinnamon, Natural Apple Flavour</li> <li>• White Chocolate &amp; Vanilla Bean 32g-Corn, Butter (<b>Milk</b>), Sugar, White Chocolate (16%) {Sugar (46.5%), Cocoa Butter (29.5%), Whole <b>Milk</b> Powder (23.5%), <b>Soya</b> Lecithin, Natural Vanilla}, Corn Syrup, Madagascan Vanilla Bean Powder</li> </ul> |
| For allergens, see ingredients in <b>bold</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| May contain statements                        | Careful! May contain unpopped kernels                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Net Quantity                                  | 316g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Country of Origin                             | United Kingdom                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Storage Instructions                          | Store in a cool, dry, dark place. Once open consume within 5 days.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Manufacturer's name and address               | Joe's Gourmet Foods Limited-3 Willen Field Road, London, NW10 7BQ                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Instructions for use                          | Ready to eat                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Nutrition Labelling: Typical value</b>     | 100g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Energy (kJ/kcal)                              | Black Forest Gateau: 1947kJ<br>Brandy Butter: 1945kJ<br>Mint Chocolate: 2003kJ<br>Caramel & Almond: 2231kJ<br>Gingerbread: 1838kJ<br>Mince Pie: 1680kJ<br>Orange Chocolate: 1837kJ<br>Salted Caramel: 2016kJ<br>Toffee Apple & Cinnamon: 1883kJ<br>White Chocolate & Vanilla Bean: 2227kJ                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Fat                                           | Black Forest Gateau: 25.5g<br>Brandy Butter: 26.1g<br>Mint Chocolate: 28.3g<br>Caramel & Almond: 30.8g<br>Gingerbread: 21.4g<br>Mince Pie: 16.9g<br>Orange Chocolate: 24.5g<br>Salted Caramel: 22.1g<br>Toffee Apple & Cinnamon: 22.0g<br>White Chocolate & Vanilla Bean: 30.5g                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| Of which saturated | Black Forest Gateau: 15.0g<br>Brandy Butter: 16.0g<br>Mint Chocolate: 17.4g<br>Caramel & Almond: 11.4g<br>Gingerbread: 13.0g<br>Mince Pie: 9.1g<br>Orange Chocolate: 15.1g<br>Salted Caramel: 14.4g<br>Toffee Apple & Cinnamon: 14g<br>White Chocolate & Vanilla Bean: 20.0g  |
| Carbohydrate       | Black Forest Gateau: 57.9g<br>Brandy Butter: 57.5g<br>Mint Chocolate: 59.6g<br>Caramel & Almond: 55.7g<br>Gingerbread: 65.3g<br>Mince Pie: 60.8g<br>Orange Chocolate: 56.9g<br>Salted Caramel: 65.2g<br>Toffee Apple & Cinnamon: 65g<br>White Chocolate & Vanilla Bean: 60.5g |
| Of which sugars    | Black Forest Gateau: 33.9g<br>Brandy Butter: 36.3g<br>Mint Chocolate: 38.2g<br>Caramel & Almond: 33.2g<br>Gingerbread: 43.8g<br>Mince Pie: 44.8g<br>Orange Chocolate: 35.5g<br>Salted Caramel: 40.3g<br>Toffee Apple & Cinnamon: 42g<br>White Chocolate & Vanilla Bean: 37.0g |
| Fibre              | Black Forest Gateau: 3.5g<br>Brandy Butter: 2.9g<br>Mint Chocolate: 4.2g<br>Caramel & Almond: 4.8g<br>Gingerbread: 2.9g<br>Mince Pie: 3.0g<br>Orange Chocolate: 4.2g<br>Salted Caramel: 4.2g<br>Toffee Apple & Cinnamon: 3.7g<br>White Chocolate & Vanilla Bean: 2.9g         |
| Protein            | Black Forest Gateau: 3.7g<br>Brandy Butter: 2.5g<br>Mint Chocolate: 4.3g<br>Caramel & Almond: 8.5g<br>Gingerbread: 2.6g<br>Mince Pie: 3.2g<br>Orange Chocolate: 3.5g<br>Salted Caramel: 3.3g<br>Toffee Apple & Cinnamon: 3.0g<br>White Chocolate & Vanilla Bean: 4.1g         |
| Salt               | Black Forest Gateau: 0.77g                                                                                                                                                                                                                                                    |

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|                                       | Brandy Butter: 0.5g<br>Mint Chocolate: 0.7g<br>Caramel & Almond: 0.4g<br>Gingerbread: 0.5g<br>Mince Pie: 0.4g<br>Orange Chocolate: 0.5g<br>Salted Caramel: 1.4g<br>Toffee Apple & Cinnamon: 0.44g<br>White Chocolate & Vanilla Bean: 0.8g |
| Alcoholic Strength                    | N/A                                                                                                                                                                                                                                       |
| Suitable for vegetarians              | Yes                                                                                                                                                                                                                                       |
| Suitable for vegans                   | No                                                                                                                                                                                                                                        |
| Suitable for nut allergy sufferers    | No                                                                                                                                                                                                                                        |
| Suitable for gluten allergy sufferers | Yes                                                                                                                                                                                                                                       |
| Suitable to wheat allergy sufferers   | No                                                                                                                                                                                                                                        |
| Suitable for egg allergy sufferers    | Yes                                                                                                                                                                                                                                       |
| Suitable for dairy allergy sufferers  | No                                                                                                                                                                                                                                        |
| Suitable for soya allergy sufferers   | No                                                                                                                                                                                                                                        |
| Free from alcohol                     | No                                                                                                                                                                                                                                        |
| Free from artificial flavours         | Yes                                                                                                                                                                                                                                       |
| Free from artificial colours          | Yes                                                                                                                                                                                                                                       |