



Ingredients and Allergy Information

Date of last review:	23/01/2023	Version No.:	V2
----------------------	------------	--------------	----

John Lewis Stock Number	77060703
Name	EP RIVER HAMPER
Ingredients	<p>Ploughman's Chutney 180g Ingredients: Diced Onion (45%), Sugar, Spiced Vinegar (Malt Vinegar, Malt Extract, (both from <u>Barley</u>), Spices), Dates (Contains Rice Flour), Diced Bramley Apple, Dried Diced Apple (Both Apples Contain Preservative: Sodium Metabisulphite (<u>Sulphites</u>), Vegetable Oil: Rapeseed, Salt, Yellow <u>Mustard</u> Flour, Spice. Allergens are underlined. Made in the UK.</p> <p>Raspberry Jam 110g Raspberries (45%), Gelling Agent: Pectin, Acidity Regulator: Citric Acid. Prepared with 45g of fruit per 100g. Total sugar content 65g per 100g. Made in the UK</p> <p>Honey Mustard with Whisky 175g Ingredients: Water, <u>Mustard</u> seeds (30%), White Wine Vinegar, Sugar, Salt, Honey (1%), Whisky (1%), Black Pepper. Allergens are underlined. Made in the UK</p> <p>Luxury Vanilla Fudge 150g Ingredients: Sugar, glucose syrup, sweetened condensed skimmed <u>milk</u>, palm oil (from certified sustainable sources), butter (<u>milk</u>), vanilla flavouring, salt. Contains no hydrogenated oils or fats. Allergens are underlined. Made in the UK</p> <p>Shortbread with Dark Chocolate 160g Ingredients: Flour (<u>Wheat</u> Flour (Gluten), Calcium, Iron, Niacin, Thiamin), Butter (30%) (<u>Milk</u>, Salt), Sugar, Dark Chocolate (8%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: <u>Soya</u> Lecithin, Natural Vanilla Flavouring), Ground Rice. Dark Chocolate contains cocoa solids 40% minimum. Allergens are underlined. Also may contain nuts and egg. Made in the UK</p> <p>Oatcakes for Cheese & Pate 150g Ingredients: <u>Oatmeal</u> (63%), <u>Wheat flour</u> (calcium carbonate, iron, niacin, thiamin), Palm Oil, Rapeseed Oil, Sugar, Salt [E535], Raising Agents (skylark [E450], sodium bicarbonate [E500]), Allergens are underlined. Made in the UK</p>
May contain statements	Please note: These products are manufactured in premises that handle wheat, barley, gluten, nuts, soya, milk, celery, mustard, sulphur dioxide/sulphites.
Net Quantity	925g

Country of Origin	UK
Storage Instructions	N/A
Manufacturer's name and address	Edinburgh Preserves, Expo House, Unit 21a, Macmerry Industrial Estate, East Lothian, EH33 1RD
Instructions for use	N/A
Nutrition Labelling: Typical value	<p>Ploughman's Chutney 180g Energy 874kJ/206kcal, Fat 0.9g (saturates 0.0g), Carbohydrates 50g (sugars 49g), Protein 1.3g, Salt 0.43g</p> <p>Raspberry Jam 110g Energy 1147kJ/270kcal, Fat 0.2g (saturates 0.1g), Carbohydrates 66.5g (sugars 66.2g), Protein 0.6g, Salt 0g</p> <p>Honey Mustard with Whisky 175g Energy 390kJ/93kcal, Fat 4.4g (saturates 0g), Carbohydrates 12.6g (sugars 5.2g), Protein 0.2g, Salt 2.3g</p> <p>Luxury Vanilla Fudge 150g Energy 1815kJ/431kcal, Fat 12.2g (saturates 1.5g, mono- unsaturates 5.6g, polyunsaturates 4.5g) Carbohydrates 78.4g (sugars 72.3g), Fibre 0.0g, Protein 1.8g, Salt 0.1g</p> <p>Shortbread with Dark Chocolate 160g Energy 2268kJ/542kcal, Fat 30.2g (saturates 20.8g), Carbohydrates 61.4g (sugars 28.0g), Protein 5.4g, Salt 0.55g,</p> <p>Oatcakes for Cheese & Pate 150g Energy 2050kJ/488kcal Fat 21.6g (saturates 6g), Carbohydrates 65.8g, (sugars 4.6g), Protein 6.6g, Salt 1.8g. Fibre 5.8g.</p>
Alcoholic Strength	1%
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	N as may contain traces of nuts
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	N
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	Y
Free from artificial colours	Y